

## Colposcopy Royal Surrey

'Training in Obstetrics and Gynaecology' provides a comprehensive textbook for specialty trainees in the field. Using an attractive, highly illustrated double-spread layout it follows the curricula and ethos for the Foundation Years and Membership Examination of the Royal College of Obstetricians and Gynaecologists (MRCOG).

Written with the busy practice in mind, this book delivers clinically focused, evidence-based gynecology guidance in a quick-reference format. It explores etiology, screening, tests, diagnosis, and treatment for a full range of gynecologic health issues. The coverage includes the full range of gynecologic malignancies, reproductive endocrinology and infertility, infectious diseases, urogynecologic problems, gynecologic concerns in children and adolescents, and surgical interventions including minimally invasive surgical procedures. Information is easy to find and absorb owing to the extensive use of full-color diagrams, algorithms, and illustrations. The new edition has been expanded to include aspects of gynecology important in international and resource-poor settings.

Provides a quick reference guide to the specialty, covering diagnoses, investigation and management in a user-friendly, accessible format. Contributors provide evidence-based guidelines which highlight the core knowledge for diagnosing and managing common problems and emergencies.

This book constitutes the proceedings of the 6th International Workshop on Machine Learning in Medical Imaging, MLMI 2015, held in conjunction with MICCAI 2015, in Munich in October 2015. The 40 full papers presented in this volume were carefully reviewed and selected from 69 submissions. The workshop focuses on major trends and challenges in the area of machine learning in medical imaging and present works aimed to identify new cutting-edge techniques and their use in medical imaging.

The second edition of Emergencies in Obstetrics and Gynaecology provides a practical and accessible guide to all emergency situations encountered in obstetrics and gynaecology, from the immediately life-threatening to the smaller but urgent problems that may arise. Designed around the symptoms and signs with which the patient presents to the hospital, this handbook explains how to arrive at a differential diagnosis and how to prevent, manage, or treat an emergency. The 'Obstetric emergencies' section covers topics from early pregnancy through to post-delivery complications, whilst the 'Gynaecologic emergencies' section addresses those issues that could potentially pose a threat to a woman's fertility or even her life. Addressing new topics on issues that have become more prevalent, such as substance misuse in pregnancy, and violence against women and children, the second edition of Emergencies in Obstetrics and Gynaecology is an essential read. A new topic on 'preoperative assessment' outlines how to manage consent, the risks, benefits, and what the patient should expect.

This book reviews existing sensor technologies that are now being coupled with computational intelligence for the remote monitoring of physical activity and ex vivo biosignatures. In today's frenetic world, consumers are becoming ever more demanding: they want to control every aspect of their lives and look for options specifically tailored to their individual needs. In many cases, suppliers are catering to these new demands; as a result, clothing, food, social media, fitness and banking services are all being democratised to the individual. Healthcare provision has finally caught up to this trend and is currently being rebooted to offer personalised solutions, while simultaneously creating a more effective, scalable and cost-effective system for all. The desire for personalisation, home monitoring and treatment, and provision of care in remote locations or in emerging and impoverished nations that lack a fixed infrastructure, is leading to the realisation that mobile technology might be the best candidate for achieving these goals. A combination of several technological, healthcare and financial factors are driving this trend to create a new healthcare model that stresses preventative 'health-care' rather than 'sick-care', and a shift from volume to value. Mobile healthcare (mhealth), which could also be termed the "internet of people", refers to the integration of sensors and smartphones to gather and interpret clinical data from patients in real-time. Most importantly, with an ageing population suffering multiple morbidities, mhealth could provide healthcare solutions to enhance chronically ill patients' quality of life.

This book highlights minimum standards relating to the management of different conditions in the practice of Obstetrics and Gynaecology. The editors explore clinical governance issues, common causes of as well as ways to avoid litigation. The UK is experiencing a dramatic increase in medico-legal claims. The 4 main reasons for litigation are: accountability, the need for an explanation, concern with standards of care and compensation. However the decision to take legal action is determined not only by the original injury, but failure to provide information, an explanation and an apology. Insensitive handling of an injury and poor communication after the original incident increases the risk of litigation and erodes the patient-doctor relationship. Doctors almost never deliberately cause harm to patients, however increasingly claims are being defended successfully. This book is invaluable to clinicians and lawyers alike and raises awareness of how to avoid facing clinical negligence claims in our day to day practice.

The aim of this book is to provide a straightforward summary of the knowledge required for examinations in specialist Obstetrics and Gynaecology. Part Two of the examination for Membership of the Royal College of Obstetricians and Gynaecologists would be a good example. The volume is intended as a companion to the highly successful Basic Sciences for Obstetrics and Gynaecology which covers the knowledge required for preliminary examinations. Increasingly, examinations of all types are based on multiple choice questions (MCQ) or structured answer questions (SAQ). No apology is made for the fact that the present book addresses the sort of "fact" which lends itself to testing by this approach. Thus, there is little discussion of speculative or contentious areas, no account of present or future research, and no references. Numerous excellent books are available which cover these topics in a much fuller and more discursive manner, and the present volume does not seek to emulate them.

A Book on Prescription Title All the help you need to conquer your sleep problems and start living life to the full Poor sleep is one of the most common health problems and can leave you feeling exhausted, stressed and run-down. While prescribed medications and over-the-counter remedies rarely offer lasting benefits, Cognitive Behavioural Therapy can help enormously and is the treatment of choice for insomnia. Develop good pre-bedtime routines. The most effective relaxation techniques. Establish a new sleeping and waking pattern. Deal with a racing mind. Use sleeping pills more effectively. Handle jet lag and sleepwalking.

Answering questions such as 'how can I change my pain experience?', 'what is pain?', and 'how do nerves work?', this short research-based graphic book reveals just how strange pain is and explains how understanding it is often the key to relieving its effects. Studies show that understanding how pain is created and maintained by the nervous system can significantly lessen the pain you experience. The narrator in this original, gently humorous book explains pain in an easy-to-understand, engaging graphic format and reveals how to change the mind's habits to transform pain.

With over a decade of pioneering research and clinical practice in sleep disorder management, The Insomnia Cure provides a fast and long-lasting approach to identifying and managing insomnia and other sleep disorders. To maximise treatment success and prevent relapse, only the most effective elements of Cognitive Behavioural Therapy for Insomnia and Interpersonal Therapy and Mindfulness are used to cure sleep problems in just one week. Find out how to:

Understand and assess your sleep problem Cure insomnia in one week Manage sleep apnea, snoring, restless legs and much more

A listing of medical practitioners registered with the General Medical Council. Includes England, Scotland, Wales, and Northern Ireland. Data includes name, address, degrees, colleges, appointment, memberships, and publications. Also contains information on United Kingdom hospitals, NHS trusts, and boards of health.

Includes abstracts of papers of various symposia.

British medical and nursing research currently being conducted in universities, polytechnics, colleges, government laboratories, hospitals, and elsewhere (excludes certain programs in commercial fields). Arranged under 45 subjects. Each entry gives institution, address, head of department, names of researchers, and subjects of research. Name and subject indexes.

This new open access edition supported by the Fragility Fracture Network aims at giving the widest possible dissemination on fragility fracture (especially hip fracture) management and notably in countries where this expertise is sorely needed. It has been extensively revised and updated by the experts of this network to provide a unique and reliable content in one single volume. Throughout the book, attention is given to the difficult question of how to provide best practice in countries where the discipline of geriatric medicine is not well established and resources for secondary prevention are scarce. The revised and updated chapters on the epidemiology of hip fractures, osteoporosis, sarcopenia, surgery, anaesthesia, medical management of frailty, peri-operative complications, rehabilitation and nursing are supplemented by six new chapters. These include an overview of the multidisciplinary approach to fragility fractures and new contributions on pre-hospital care, treatment in the emergency room, falls prevention, nutrition and systems for audit. The reader will have an exhaustive overview and will gain essential, practical knowledge on how best to manage fractures in elderly patients and how to develop clinical systems that do so reliably.

Most women who die from cervical cancer, particularly in developing countries, are in the prime of their life. They may be raising children, caring for their family, and contributing to the social and economic life of their town or village. Their death is both a personal tragedy, and a sad and unnecessary loss to their family and their community. Unnecessary, because there is compelling evidence, as this Guide makes clear, that cervical cancer is one of the most preventable and treatable forms of cancer, as long as it is detected early and managed effectively. Unfortunately, the majority of women in developing countries still do not have access to cervical cancer prevention programmes. The consequence is that, often, cervical cancer is not detected until it is too late to be cured. An urgent effort is required if this situation is to be corrected. This Guide is intended to help those responsible for providing services aimed at reducing the burden posed by cervical cancer for women, communities and health systems. It focuses on the knowledge and skills needed by health care providers, at different levels of care.

In the US edition of this international bestseller, Adam Kay channels Henry Marsh and David Sedaris to tell us the "darkly funny" (The New Yorker) -- and sometimes horrifying -- truth about life and work in a hospital. Welcome to 97-hour weeks. Welcome to life and death decisions. Welcome to a constant tsunami of bodily fluids. Welcome to earning less than the hospital parking meter. Wave goodbye to your friends and relationships. Welcome to the life of a first-year doctor. Scribbled in secret after endless days, sleepless nights and missed weekends, comedian and former medical resident Adam Kay's *This Is Going to Hurt* provides a no-holds-barred account of his time on the front lines of medicine. Hilarious, horrifying and heartbreaking by turns, this is everything you wanted to know -- and more than a few things you didn't -- about life on and off the hospital ward. And yes, it may leave a scar.

Established in 1982, People of Today annually recognises over 20,000 individuals who are positively influencing Britain and inspiring others through their achievements and leadership. Entry is by invitation only. The objective criteria for inclusion and removal are strictly maintained, ensuring it is the only publication of its type whose membership accurately reflects people of influence today. Expert nomination panels guarantee People of Today is uniquely current and trusted and encompasses over 40 sectors, from academia, law and business to charity, sport and the arts.

First multi-year cumulation covers six years: 1965-70.

This publication contains best practice guidance on assessing and improving wayfinding systems in hospitals and other healthcare environments, including signs and other information to help people get to and around the site. Other topics also discussed include: factors that influence how people find their way; inclusive design for wayfinding systems; the impact of a poor wayfinding system; developing the business case; and tools to help evaluate the adequacy of current systems and identify areas for improvement.

As a professional resource for all doctors, oncologists and urologists involved in the care of uro-oncology patients, this book puts emphasis on developing advanced practice with in-depth discussions to support evidence based, patient focused care. *Urological Oncology, Second Edition* offers an updated multi-disciplinary and multi professional approach to the assessment, diagnosis, treatment and follow-up care of patients being investigated and treated for urological malignancies. Mainly aimed at oncologists and urologists, it is also useful for general physicians as well as trainee nurses and nurse practitioners in urology / urological oncology.

The young ob/gyn patient presents unique problems different from the mature woman but which training often neglects. This user-friendly, practical book provides generous coverage of all aspects of pre-womanhood gynecology. Ranging from the commonest problems to the less common but urgent, it emphasizes diagnosis, special care and management throughout.

Includes selected papers from meetings of the Society and of its sections.

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