

Fahrenheit 451 Flamingo Modern Classics

A special fiftieth anniversary edition of Kurt Vonnegut's masterpiece, "a desperate, painfully honest attempt to confront the monstrous crimes of the twentieth century" (Time), featuring a new introduction by Kevin Powers, author of the National Book Award finalist *The Yellow Birds* Selected by the Modern Library as one of the 100 best novels of all time *Slaughterhouse-Five*, an American classic, is one of the world's great antiwar books. Centering on the infamous World War II firebombing of Dresden, the novel is the result of what Kurt Vonnegut described as a twenty-three-year struggle to write a book about what he had witnessed as an American prisoner of war. It combines historical fiction, science fiction, autobiography, and satire in an account of the life of Billy Pilgrim, a barber's son turned draftee turned optometrist turned alien abductee. As Vonnegut had, Billy experiences the destruction of Dresden as a POW. Unlike Vonnegut, he experiences time travel, or coming "unstuck in time." An instant bestseller, *Slaughterhouse-Five* made Kurt Vonnegut a cult hero in American literature, a reputation that only strengthened over time, despite his being banned and censored by some libraries and schools for content and language. But it was precisely those elements of Vonnegut's writing—the political edginess, the genre-bending inventiveness, the frank violence, the transgressive wit—that have inspired generations of readers not just to look differently at the world around them but to find the confidence to say something about it. Authors as wide-ranging as Norman Mailer, John Irving, Michael Crichton, Tim O'Brien, Margaret Atwood, Elizabeth Strout, David Sedaris, Jennifer Egan, and J. K. Rowling have all found inspiration in Vonnegut's words. Jonathan Safran Foer has described Vonnegut as "the kind of writer who made people—young people especially—want to write." George Saunders has declared Vonnegut to be "the great, urgent, passionate American writer of our century, who offers us . . . a model of the kind of compassionate thinking that might yet save us from ourselves." Fifty years after its initial publication at the height of the Vietnam War, Vonnegut's portrayal of political disillusionment, PTSD, and postwar anxiety feels as relevant, darkly humorous, and profoundly affecting as ever, an enduring beacon through our own era's uncertainties. "Poignant and hilarious, threaded with compassion and, behind everything, the cataract of a thundering moral statement."—The Boston Globe

How can we improve our sense of wellbeing? What explains the current wellbeing boom? What does wellbeing mean to you? The *Psychology of Wellbeing* offers readers tools to navigate their own wellbeing and understand what makes a 'good life'. Using self-reflection and storytelling, it explores how trust affects psychological and emotional wellbeing, considers how stress and inequality impact our psychological wellbeing, and how trends such as positive psychology influence our understanding of happiness. In a world where the 'wellness economy' is big business, *The Psychology of Wellbeing* shows how we can question and make sense of information sources, and sheds light on the wellness, self-care and self-help industry.

A Graphic Adaptation An HBO Original Movie starring Michael B. Jordan (*Black Panther*), Sofia Boutella (*Star Trek: Beyond*), and Michael Shannon (*The Shape of Water*). An Eisner Award Nominee "Monday burn Millay, Wednesday Whitman, Friday Faulkner, burn 'em to ashes, then burn the ashes." For Guy Montag, a career fireman for whom kerosene is perfume, this is not just an

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official slogan. It is a mantra, a duty, a way of life in a tightly monitored world where thinking is dangerous and books are forbidden. In 1953, Ray Bradbury envisioned one of the world's most unforgettable dystopian futures, and in Ray Bradbury's *Fahrenheit 451*, the artist Tim Hamilton translates this frightening modern masterpiece into a gorgeously imagined graphic novel. As could only occur with Bradbury's full cooperation in this authorized adaptation, Hamilton has created a striking work of art that uniquely captures Montag's awakening to the evil of government-controlled thought and the inestimable value of philosophy, theology, and literature. Including an original foreword by Ray Bradbury and fully depicting the brilliance and force of his canonic and beloved masterwork, Ray Bradbury's *Fahrenheit 451* is an exceptional, haunting work of graphic literature.

Set in the Gulf Stream off the coast of Havana, Hemingway's magnificent fable is the story of an old man, a young boy and a giant fish. In a perfectly crafted story, which won for Hemingway the Nobel Prize for Literature, is a unique and timeless vision of the beauty and grief of man's challenge to the elements in which he lives.

This fascinating history uncovers the hidden political world of Ming China, exploring how the most powerful man in mid-sixteenth-century China steered the empire through the worst crises it had ever faced. Distinguished scholar John W. Dardess traces how Chief Grand Secretary Xu Jie rose to power and successfully shepherded the Ming empire through the destructive mid-sixteenth-century raids along its continental and maritime frontiers. He also shows how Xu Jie used the new Confucian thinking of the Wang Yangming school to build a political following, suppress bureaucratic corruption, and liberalize bureaucratic procedures. Drawing on years of research, Dardess uses Xu's hundreds of letters to officials and records of talks with the emperors he served to tell this long-neglected story in rich and engrossing detail.

Immerse yourself in a highly unusual fairy tale by New York Times bestselling author Roshani Chokshi. Once upon a dream, there was a prince named Ambrose and a princess named Imelda who loved each other... But alas, no more. "What a witch takes, a witch does not give back!" their friends and family warn. They resign themselves to this loveless fate... A year and a day pass. And then their story truly begins... Embark on a perilous journey with Imelda and Ambrose as they brave magical landscapes and enchanted creatures on their quest to reclaim their heart's desire... But first they must remember what that is... Perfect for readers looking for: A fresh, magical fairy tale Love so strong, it breaks a witch's curse An enchanting world to escape to A delightful cast of magical characters Compelling storytelling from a beloved, bestselling fantasy author Praise for Roshani Chokshi: "Reading Chokshi's prose is like sinking deeply into a plush, purple velvet sofa...lavish descriptions wrap you in sumptuous sensory detail."—New York Times "Vivid and lovely writing."—Entertainment Weekly

#1 NEW YORK TIMES BESTSELLER • WILLIAM C. MORRIS AWARD FINALIST • ONE OF TIME MAGAZINE'S 100 BEST YA BOOKS OF ALL TIME After a traffic stop turns violent at the hands of the police, a young Black teen grapples with racism—and what it means for his future. Critically acclaimed author Nic Stone boldly tackles America's troubled history with race relations in her gripping debut novel. "Raw and gripping." —JASON REYNOLDS, #1 New York Times bestselling co-author of *Stamped: Racism, Anti-Racism, and You* Justyce is a good kid, an honor student, and always there to help a friend—but none of that matters

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to the police officer who just put him in handcuffs without cause. When faced with injustice, Justyce looks to the teachings of Dr. Martin Luther King Jr. for answers. But do they hold up anymore? He starts a journal to Dr. King to find out. Then comes the day Justyce and a friend spark the fury of an off-duty cop. Words fly, shots are fired, and the boys get caught in the crosshairs. But in the media fallout, it's Justyce who is under attack. "A must-read!" –ANGIE THOMAS, #1 New York Times bestselling author of *The Hate U Give* "Powerful, wrenching." –JOHN GREEN, #1 New York Times bestselling author of *Turtles All the Way Down*
A collection of three of Ray Bradbury's finest science fiction novels: *FAHRENHEIT 451*, *THE MARTIAN CHRONICLES* and *THE ILLUSTRATED MAN*.

Tune into your senses, develop your physical, mental, emotional, and spiritual awareness, and open yourself up to the power of intuition. Discover the life-changing potential of intuition and use a broad range of practices and techniques designed to reveal your path to innate wisdom. Connect with your subconscious mind through journaling, meditation, adventure, mindful movement, energy healing, moon rituals - explore what works for you. Apply your intuition to unlock wellness and fulfillment in any and every area of your life - health, family, relationships, work, creativity, and more.

Here is a daily companion that provides Rumi's wisdom and spiritual insight. These poems have been selected on the basis of the poignancy of their message and their relevance to contemporary life. This is timeless wisdom translated for modern readers. It is a guide for meditation and a light switch that you can turn on to make your daily connection with spirit. Use these words as tools to better your life each day, to draw continued guidance, inspiration and spiritual wealth.

In *The Age of Wire and String* Ben Marcus welds together a new reality from the scrapheap of the past. Dogs, birds, horses, automobiles and the weather are some of the recycled elements in Marcus's first collection - part fiction, part handbook - as familiar objects take on markedly unfamiliar meanings. Gradually, this makeshift world, in its defiance of the laws of physics and language, finds a foundation in its own implausibility, as Marcus produces new feelings and sensations - both comic and disturbing - in the definitive guide to an unpredictable yet exhilarating plane of existence.

Led by a charismatic and slightly unhinged woman, a group of environmentalists win control over a small atoll in the Pacific and sets up a utopian community. Breeding other threatened species and among themselves, these homesteaders slowly transform an Eden of their very own into a much darker place.

"The beautiful new book from Salon bibliotherapist Ella Berthoud ... explores how reading mindfully enhances our lives and asks, if reading is our daily nourishment, how best should it be consumed?" - Damian Barr's *Literary Salon* The healing power of reading has been renowned since Aristotle; focus, flow and enlightenment can all be discovered through this universal act. *The Art of Mindful Reading* embraces the joy of absorbing words on a page, encouraging a state of mind as deeply therapeutic and vital to our wellbeing as breathing. Bibliotherapist Ella Berthoud asks if reading is our daily nourishment how best should it be consumed? How should you read mindfully? And why will reading mindfully help you to read better? She explores how reading mindfully can shape the person you are, give you your moral backbone, and teaches empathy with others. Through meditative exercises,

engaging anecdote, and expert insight, she reveals the enriching potential of reading for mindfulness.

75th Anniversary Edition--Includes a New Introduction by Téa Obreht George Orwell's timeless and timely allegorical novel--a scathing satire on a downtrodden society's blind march towards totalitarianism. SOON TO BE A NETFLIX FILM! "All animals are equal, but some animals are more equal than others." A farm is taken over by its overworked, mistreated animals. With flaming idealism and stirring slogans, they set out to create a paradise of progress, justice, and equality. Thus the stage is set for one of the most telling satiric fables ever penned--a razor-edged fairy tale for grown-ups that records the evolution from revolution against tyranny to a totalitarianism just as terrible. When *Animal Farm* was first published, Stalinist Russia was seen as its target. Today it is devastatingly clear that wherever and whenever freedom is attacked, under whatever banner, the cutting clarity and savage comedy of George Orwell's masterpiece have a meaning and message still ferociously fresh.

"The Pastons of Norfolk left behind them an incomparable picture of life in fifteenth-century England in the earliest great collection of family letters in English."--BOOK JACKET. "The letters span three generations and most were written during the reigns of Henry VI, Edward IV, and Richard III, in a period of political turmoil, local anarchy and war abroad and at home. They reveal personal hopes and anxieties, and contain as well as business matters a wealth of information on leisure pursuits, education, and domestic life. The writers express themselves with a clarity and vigour that is remarkable at this early date, and the letters illustrate, as no other documents can, the state of the language in daily use immediately before and after the introduction of printing."--BOOK JACKET. "This modernized selection prepared from the original manuscripts is designed to present the full range of the Pastons' principal concerns."--BOOK JACKET.

Aldous Huxley's lifelong concern with the dichotomy between passion and reason finds its fullest expression both thematically and formally in his masterpiece *Point Counter Point*. By presenting a vision of life in which diverse aspects of experience are observed simultaneously, Huxley characterizes the symptoms of "the disease of modern man" in the manner of a composer - themes and characters are repeated, altered slightly, and played off one another in a tone that is at once critical and sympathetic. First published in 1928, Huxley's satiric view of intellectual life in the '20s is populated with characters based on such celebrities of the time as D.H. Lawrence, Katherine Mansfield, Sir Oswald Mosley, Nancy Cunard, and John Middleton Murray, as well as Huxley himself. A major work of the 20th century and a monument of literary modernism, this edition includes an introduction by acclaimed novelist Nicholas Mosley (author of *Hopeful Monsters* and the son of Sir Oswald Mosley). Along with *Brave New World* (written a few years later), *Point Counter Point* is Huxley's most concentrated attack on the scientific attitude and its effect on modern culture.

Young Joon's parents died, her foster family is dangerous, homelessness is her only option. Joon had a good life with her parents-she was loved and cared for the way all eight-year-olds should be. Then, one horrible day, her parents died, and she was put into the foster care system. When Joon is placed with a single mother, Aron, and her two sons, nothing could have prepared her for the cruelty and brutality she would be subjected to over the next four years. When things escalate and her foster brother Deen threatens her, Joon takes to the streets to

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escape the viciousness of her foster family and start her life over. On the streets, Joon finally finds comfort with a group of homeless teenagers. But things are never what they seem, and there is always a price to pay for safety on the streets. NEVER BE ALONE is a story of homelessness but hopefulness, as Joon's relentless determination eventually helps her find her place in the world and make a difference. La historia de un sombrío y aterrador futuro Guy Montag pertenece a una extraña brigada de bomberos. Su misión, paradójicamente, no es la de sofocar incendios sino la de provocarlos para quemar libros. Ha sido bombero durante más de 10 años, y siempre le gustó su trabajo. Nunca cuestionó nada --ni la emoción de las salidas a medianoche ni el placer de ver las hojas arder-- hasta que conoció a una niña de diecisiete años que le mostró un pasado en el que la gente no tenía miedo y a un profesor que le habló de un futuro en el que la gente podría ser libre. Y al fin Montag comprendió lo que tenía que hacer. Fahrenheit 451, la novela más célebre del maestro de la ciencia ficción, nos presenta un futuro perturbador: un mundo en el que los libros y la lectura están prohibidos. Porque leer obliga a pensar, y en ese mundo está prohibido pensar. Porque leer impide ser ingenuamente feliz, y en ese mundo hay que ser feliz a la fuerza. ENGLISH DESCRIPTION Ray Bradbury's internationally acclaimed novel Fahrenheit 451 is a masterwork of twentieth-century literature set in a bleak, dystopian future. Guy Montag is a fireman. In his world, where television rules and literature is on the brink of extinction, firemen start fires rather than put them out. His job is to destroy the most illegal of commodities, the printed book, along with the houses in which they are hidden. Montag never questions the destruction and ruin his actions produce, returning each day to his bland life and wife, Mildred, who spends all day with her television "family." But then he meets an eccentric young neighbor, Clarisse, who introduces him to a past where people didn't live in fear and to a present where one sees the world through the ideas in books instead of the mindless chatter of television. When Mildred attempts suicide and Clarisse suddenly disappears, Montag begins to question everything he has ever known. He starts hiding books in his home, and when his pilfering is discovered, the fireman has to run for his life.

Ray Bradbury brings wonders alive. For this peerless American storyteller, the most bewitching force in the universe is human nature. In these eighteen startling tales unfolding across a canvas of tattooed skin, living cities take their vengeance, technology awakens the most primal natural instincts, and dreams are carried aloft in junkyard rockets. Provocative and powerful, "The Illustrated Man "is a kaleidoscopic blending of magic, imagination, and truth--as exhilarating as interplanetary travel, as maddening as a walk in a million-year rain, and as comforting as simple, familiar rituals on the last night of the world.

Celebrating Ray Bradbury's centennial, a deluxe illustrated commemorative collection of his finest crime stories -- tales as strange and wonderful as his signature fantasy. Time travelers...dark carnivals...living automata...and detectives? Honoring the 100th birthday of Ray Bradbury, renowned author of Fahrenheit 451, this new, definitive collection of the master's less well-known crime fiction, published in a high-grade premium collectible edition, features classic stories and rare gems, a number of which became episodes of ALFRED HITCHCOCK PRESENTS and THE RAY BRADBURY THEATER, including the tale Bradbury called "one of the best stories in any field that I have ever written." Is it murder to destroy a robot if it looks and speaks and thinks and feels like a human being? Can a ventriloquist be incriminated by the testimony of his own dummy? Can a time traveler prevent his younger self from killing the woman they both loved? And can the survivor of a pair of Siamese twins investigate his own brother's murder? No other writer has ever rivaled the imagination and narrative gifts of Ray Bradbury, and the 20 unforgettable stories in this collection demonstrate this singular writer's extraordinary range, influence and emotional power.

There is so much more to Orwell than just his books, impressive though they are.

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Rock climbers can't afford to make careless mistakes. But Detective Inspector Nick Dixon's former climbing partner, Jake Fayter, died doing just that. Or so it seems. Dixon suspects foul play, but his only leads are unreliable accounts of something odd happening in Cheddar Gorge seconds before Jake fell. As the body count rises, Dixon bends the rules to breaking point to lure out a killer and unravel a conspiracy of silence that will rock the sleepy town of Burnham-on-Sea to its core.

For readers of Kelly Barnhill and Cat Valente's Fairyland books, adventure and danger lurk Along the Saltwise Sea in this new book by Seanan McGuire's latest open pseudonym, A. Deborah Baker. Be sure to explore the myriad wonders that can be found Along the Saltwise Sea. After climbing Over the Woodward Wall and making their way across the forest, Avery and Zib found themselves acquiring some extraordinary friends in their journey through the Up-and-Under. After staying the night, uninvited, at a pirate queen's cottage in the woods, the companions find themselves accountable to its owner, and reluctantly agree to work off their debt as her ship sets sail, bound for lands unknown. But the queen and her crew are not the only ones on board, and the monsters at sea aren't all underwater. The friends will need to navigate the stormy seas of obligation and honor on their continuing journey along the improbable road Writing as A. Deborah Baker, New York Times bestselling and award-winning author Seanan McGuire takes our heroes Avery and Zib (and their friends Niamh and the Crow Girl) on a high seas adventure, with pirates and queens and all the dangers of the deep as they continue their journey through the Up-and-Under on their quest for the road that will lead them home.... Welcome to a world of talking trees and sarcastic owls, of dangerous mermaids and captivating queens in this exceptional tale for readers who are young at heart in this companion book to McGuire's critically-acclaimed Middlegame and the sequel to Over the Woodward Wall. At the Publisher's request, this title is being sold without Digital Rights Management Software (DRM) applied.

A science fiction book that narrates the story of a futuristic society where all books are banished and firefighters are assigned the job of burning the books and the house or building that contains the books rather than putting out fires.

The classic novel by William Golding With a new Introduction by Stephen King "To me Lord of the Flies has always represented what novels are for, what makes them indispensable." -Stephen King Golding's classic, startling, and perennially bestselling portrait of human nature remains as provocative today as when it was first published. This beautiful new edition features French flaps and rough fronts, making it a must-have for fans of this seminal work. William Golding's compelling story about a group of very ordinary small boys marooned on a coral island has become a modern classic. At first it seems as though it is all going to be great fun; but the fun before long becomes furious and life on the island turns into a nightmare of panic and death. As ordinary standards of behaviour collapse, the whole world the boys know collapses with them—the world of cricket and homework and adventure stories—and another world is revealed beneath, primitive and terrible. Lord of the Flies remains as provocative today as when it was first published in 1954, igniting passionate debate with its startling, brutal portrait of human nature. Though critically acclaimed, it was largely ignored upon its initial publication. Yet soon it became a cult favorite among both students and literary critics who compared it to J.D. Salinger's *The Catcher in the Rye* in its influence on modern thought and literature. Labeled a parable, an allegory, a myth, a morality tale, a parody, a political treatise, even a vision of the apocalypse, *Lord of the Flies* has established itself as a true classic.

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'A scientific opinion is one which there is some reason to believe is true; an unscientific opinion is one which is held for some reason other than its probable truth.' - Bertrand Russell One of Russell's most important books, this early classic on science illuminates his thinking on the promise and threat of scientific progress. Russell considers three questions fundamental to an understanding of science: the nature and scope of scientific knowledge, the increased power over nature that science affords, and the changes in the lives of human beings that result from new forms of science. With customary wit and clarity, Russell offers brilliant discussions of many major scientific figures, including Aristotle, Galileo, Newton and Darwin. With a new introduction by David Papineau, King's College, London.

A first responder's harrowing account of 9/11—the inspirational true story of an American hero who gave nearly everything for others during one of New York City's darkest hours. On September 11, 2001, FDNY Battalion Chief Richard "Pitch" Picciotto answered the call heard around the world. In minutes, he was at Ground Zero of the worst terrorist attack on American soil, as the Twin Towers of the World Trade Center began to burn—and then to buckle. A veteran of the 1993 bombing of the World Trade Center, Picciotto was eerily familiar with the inside of the North Tower. And it was there that he concentrated his rescue efforts. It was in its smoky stairwells where he heard and felt the South Tower collapse. He made the call for firemen and rescue workers to evacuate, while he stayed behind with a skeleton team of men to help evacuate a group of disabled and infirm civilians. And it was in the rubble of the North Tower where Picciotto found himself buried—for more than four hours after the building's collapse. Meggie loves books. So does her father, Mo, a bookbinder, although he has never read aloud to her since her mother mysteriously disappeared. They live quietly until the night a stranger knocks at their door. He has come with a warning that forces Mo to reveal an extraordinary secret - a storytelling secret that will change their lives for ever.

The Earthmen came by the handful, then the hundreds, then the millions. They swept aside the majestic, dying Martian civilization to build their homes, shopping malls, and cities. Mars began as a place of boundless hopes and dreams, a planet to replace an Earth sinking into waste and war. It became a canvas for mankind's follies and darkest desires. Ultimately, the Earthmen who came to conquer the red-gold planet awoke to discover themselves conquered by Mars. Lulled by its ancient enchantments, the Earthmen learned, at terrible cost, to overcome their own humanity. Rendered in gorgeous, full-color art by Dennis Calero, Ray Bradbury's *The Martian Chronicles: The Authorized Adaptation* graphically translates fourteen of Bradbury's famous interconnected science-fiction stories, turning an unforgettable vision of man and Mars into an unforgettable work of art. The strange and wonderful tale of man's experiences on Mars, filled with intense images and astonishing visions. The classic work that transformed Ray Bradbury into a household name.

A totalitarian regime has ordered all books to be destroyed, but one of the book burners, Guy Montag, suddenly realizes their merit.

Radiohead and the Global Movement for Change examines the work of the British group Radiohead, focusing particularly on their landmark recording *OK Computer* (1997). This book studies the band's exploration of the crucial issues surrounding

contemporary technological development and 'musical hermeneutics' with the media ecology perspective.

With his disarmingly simple style and complex imagination, Ray Bradbury has seized the minds of American readers for decades. This collection showcases thirty-two of Bradbury's most famous tales in which he lays bare the depths of the human soul. The thrilling title story, *A Sound of Thunder*, tells of a hunter sent on safari -- sixty million years in the past. But all it takes is one wrong step in the prehistoric jungle to stamp out the life of a delicate and harmless butterfly -- and possibly something else much closer to home ...

In this terrifyingly timely tale for fans of *The Eye of Minds*, a teen and his group of friends find themselves on the run after using a genius lie-detector contraption to expose their corrupt government. In a Putin-esque near-future America, the gifted and talented high school has just been eliminated, and Sam and his friends have been using their unexpected free time to work on a tiny, undetectable, utterly reliable lie detector. They're all in it for the money--except Theo, their visionary. For Theo, it's about creating a better world. A BS-free world, where no one can lie, and the honest will thrive. Just when they finish the prototype and turn down an offer to sell their brainchild to a huge corporation, Theo is found dead. Greedy companies, corrupt privatized police, and even the president herself will stop at nothing to steal the Truth App. Sam sets his sights on exposing all lies and holding everyone accountable. But he and his friends quickly realize the costs of a BS-free world: the lives of loved ones, and political and economic stability. They now face a difficult question: Is the world capable of operating without lies, or are lies what hold it together?

"Deserving of comparisons to *The Hunger Games*." --Kirkus "This compelling, action-packed story will have readers eagerly turning pages...Give to fans of Cory Doctorow's *Little Brother*." --SLJ "The action is nonstop from beginning to end..a BS-free way to present a deep and fundamental question." --Booklist

"You think I come from another world, don't you? Filled with all these strange things you've never seen...Well I do, I guess."

Cormac McCarthy's post-apocalyptic novel was awarded the 2007 Pulitzer Prize for Fiction and the James Tait Black Memorial Prize for Fiction in 2006. Released shortly after his *No Country for Old Men* was turned into an Oscar-winning film, *The Road*'s cinema version of the novel is directed by John Hillcoat, stars Viggo Mortensen and Charlize Theron and is an official selection for the 66th Venice Film Festival 2009. Joe Penhall's adaptation is a faithful, careful crafting of the book for the screen, fully evoking the atmosphere of menace and desperation. *The Road* is set a few years after an unexplained cataclysmic world disaster has left the earth poisoned, barren and hostile. While ash blocks out the sun and the earth no longer fosters plant or animal life, men either starve or join the marauding gangs of cannibals. The plot follows an unnamed father and son on a bleak epic across the wasteland and features a series of horrific encounters in a merciless world starved of life and hope. This edition includes a full list of cast and crew credits.

With specially commissioned introductions from international experts, the *Psychological Insights for Understanding COVID-19* series draws together previously published chapters on key themes in psychological science that engage with people's unprecedented experience of the pandemic. In this volume on health, Dominika Kwasnicka and Robbert Sanderman introduce

chapters that explore the crucial topics of health behaviour change, wellbeing, stress, and coping. They highlight the key role digital health technologies can play in how we manage health conditions, and how we facilitate change to help individuals manage stressful situations such as physical isolation, job loss, and financial strain during the COVID-19 pandemic. The volume also offers an important overview of environmental and policy-based approaches to health behaviour change and addresses the highly relevant issues of identity and trust and how they shape the health of individuals, communities, and society. Highlighting theory and research on these key topics germane to the global pandemic, the Psychological Insights for Understanding COVID-19 series offers thought-provoking reading for professionals, students, academics, and policymakers concerned with psychological consequences of COVID-19 for individuals, families, and society.

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