

Femininity Self Harm And Eating Disorders In Japan Navigating Contradiction In Narrative And Visual Culture Nissan Instituterroutledge Japanese Studies

Numerous contemporary artists, particularly female artists, have chosen to examine the idealization of the female body. In this crucial book, Emily L. Newman focuses on a number of key themes including obesity, anorexia, bulimia, dieting, self-harm, and female body image. Many artists utilize their own bodies in their work, and in the act of trying to critique the diet industry, they also often become complicit, as they strive to lose weight themselves. Making art and engaging eating disorder communities (in real life and online) often work to perpetuate the illnesses of themselves or others. A core group of artists has worked to show bodies that are outside the norm, paralleling the rise of fat activism in the 1990s and 2000s. Interwoven throughout this inclusive study are related interdisciplinary concerns including sociology, popular culture, and feminism.

From the 1980s onwards, the incidence of eating disorders and self-harm has increased among Japanese women, who report receiving mixed messages about how to be women. Mirroring this, women's self-directed violence has increasingly been thematised in diverse Japanese narrative and visual culture. This book examines the relationship between normative femininity and women's self-directed violence in contemporary Japanese culture. To theoretically define the complexities that constitute normativity, the book develops the concept of 'contradictive femininity' and shows how in Japanese culture, women's paradoxical roles are thematised through three character construction techniques, broadly derived from the doppelgänger motif. It then demonstrates how eating disorders and self-harm are included in normative femininity and suggests that such self-directed violence can be interpreted as coping strategies to overcome feelings of fragmentation related to contradictive femininity. Looking at novels, artwork, manga, anime, TV dramas and news stories, the book analyses both globally well known Japanese culture such as Murakami Haruki's literary works and Miyazaki Hayao's animation, as well as culture unavailable to non-Japanese readers. The aim of juxtaposing such diverse narrative and visual culture is to map common storylines and thematisation techniques about normative femininity, self-harm and eating disorders. Furthermore, it shows how women's private struggles with their own bodies have become public discourse available for consumption as entertainment and lifestyle products. Highly interdisciplinary, it will be of huge interest to students and scholars of Japanese studies, Japanese culture and society and gender and women's studies, as well as to academics and consumers of Japanese literature, manga and animation.

Drawing on the concept of the somatic self, Castro-Vázquez explores how Japanese men think about, express and interpret their experiences concerning bodyweight control. Based on an extensive ethnographic investigation, this book offers a compelling analysis of male obesity and overweight in Japan from a symbolic interactionism perspective to delve into structure, meaning, practice and subjectivity underpinning the experiences of a group of middle-aged, Japanese men grappling with body weight control. Castro-Vázquez frames obesity and overweight within historical and current global and sociological debates that help to highlight the significance of the Japanese case. By drawing on evidence from different locations and contexts, he sustains a comparative perspective to extend and deepen the analysis. A valuable resource for scholars both of contemporary masculinity and of medical sociology, especially those with a particular interest in Japan.

Self-Harm in New Woman Writing offers a trans-disciplinary study of Victorian literature, culture and medicine through engagement with the recurrent trope of self-harm in writing by and about the British New Woman.

Questions of sexuality and gender affect everyone and therefore have an inevitable relevance in the consulting room. Yet with interpretations and manifestations of both varying greatly from person to person, understanding the inherent complexities of sexuality and gender can be a daunting task for the health professional. Breaking down these complexities this practical guide familiarises the reader with all of the common and many of the less common sexualities, genders and relationship forms, and explains experiences and issues relating to each. The book contains: -Explanations of various forms of sexuality, gender and relationship structures -Common concerns relating to specific groups -Key practises relating to specific groups -The treatment of specific groups in contemporary Western society -Details of some rules and ideals that are commonly found within specific groups -Suggestions for professional practice with these groups Ideal for all members of the multidisciplinary team, this accessible book is relevant to practitioners across theoretical backgrounds. Whether you are a trainee or qualified psychotherapist, counsellor, nurse, medic, psychiatrist, social worker or applied psychologist, this is a vital text for your professional practice. CHRISTINA RICHARDS is Senior Specialist Psychology Associate at the West London Mental Health NHS Trust (Charing Cross) Gender Identity Clinic. MEG BARKER is a senior lecturer in psychology at the Open University and a sex and relationship therapist.

Since the end of the 1960s, Japan's power in the world has largely been linked to its economic successes, while it has pursued a decidedly pacifist post-war foreign policy. Recently, however, there has been talk of Constitutional reform, especially since the new security legislation of 2016. Coupled with the conservative tilt of the two Houses, there is evidence to suggest that Japan's approach to exercising its power could be changing. Japan's World Power therefore seeks to examine the nature of Japan's power today, showing how the country's influence on the global stage appears to be shifting from economic and financial, to more political and military. Featuring a team of Japanese international relations experts, each chapter analyses the different facets of Japanese power, evaluating both its current status and the challenges which lie ahead. Ultimately, however, this book demonstrates that despite recent developments and changes, the way in which Japan exercises its power remains decidedly different from other major powers as it continues to be guided by its pacifist identity. Providing a multi-faceted assessment of Japan's power, as well as its weaknesses, this book will be useful to students and scholars of Japanese Politics, Asian Foreign Policy and Asian Politics in general.

Much of the existing literature on happiness in Japan has been produced in the field of economics and psychology and is quantitative in nature. Here, for the first time, a group of anthropologists and sociologists jointly analyze the state of happiness and unhappiness in Japan among varying social groups in its physical, interpersonal, existential and structural dimensions, offering new insights into fundamental issues. This book investigates the connections between sociostructural aspects, individual agency and happiness in contemporary Japan from a life course perspective. The contributors examine quantitative and qualitative empirical data on the processes that impact how happiness and well-being are envisioned, crafted, and debated in Japan across the life-cycle. Therefore, the book discusses the shifting notions of happiness during people's lives from birth to death, analyzing the age group-specific experiences while taking into consideration people's life trajectories and historical changes. It points out recent developments in regards to demographic change, late marriage, and the changing labor market and focuses on their significant impact on the well-being of Japanese people. In particular it highlights the interdependencies of lives within the family and how families are collaborating for the purpose of maintaining or enhancing the happiness of its members. Broadening our understanding of the multidimensionality of happiness in Japan, this book will be of interest to students and scholars of Japanese Studies, Anthropology, and Sociology.

This accessible guide for clinicians and clinical students working in the fields of eating disorders and transgender health psychology offers useful tips, constructive case studies and reflective questions that enable readers to feel better equipped in supporting their clients' needs. The book addresses the clinical challenges a therapist may encounter, and provides advice on the key issues involved in therapeutic work with transgender, non-binary and gender-expansive clients, including trauma, minority stress, coming out, family support, appearance and body changes. This book will inspire clinicians to bridge the disconnect between the clinical criteria for eating disorders and the type of eating disorder manifesting in a client with co-occurring gender dysphoria.

This book explores the comedy and legacy of women working as performers on the music-hall stage from 1880–1920, and examines the significance of their previously overlooked contributions to British comic traditions. Focusing on the under-researched female 'serio-comic', the study includes six micro-histories detailing the acts of Ada Lundberg, Bessie Bellwood, Maidie Scott, Vesta Victoria, Marie Lloyd and Nellie Wallace. Uniquely for women in the late-nineteenth and early-twentieth centuries, these pioneering performers had public voices. The extent to which their comedy challenged Victorian and Edwardian perceptions of women is revealed through explorations of how they connected with popular audiences while also avoiding censorship. Their use of techniques such as comic irony and stereotyping, self-deprecation, and comic innuendo are considered alongside the work of contemporary stand-up comedians and performance artists including Bridget Christie, Bryony Kimmings, Sara Pascoe, Shazia Mirza and Sarah Silverman.

In this comprehensive and insightful work, Dr. Sharon K. Farber provides an invaluable resource for the mental health professional who is struggling to understand self-harm and its origins. Using attachment theory to explain how addictive connections to pain and suffering develop, she discusses various kinds and functions of self-harm behavior. From eating disorders to body modifications such as tattooing, Dr. Farber explores the language of self-harm, and the translation of that language and its psychic functions in the therapeutic setting. She tells us, "When the body weeps tears of blood, we need to wonder what terrible sorrows cannot be spoken." Brilliantly illustrated with rich clinical material, this book offers a practical approach to the diagnosis, assessment, and treatment of the increasing number of patients whose emotions are expressed through bodily harm. The challenges of working with patients who tend to view the world of relationships in terms of predator and prey are clearly explicated and the stormy countertransference responses that threaten to destroy the treatment are given a full hearing. Finally, she shows how the attachment relationship formed in treatment can repair the traumatic attachment in mind, body, psyche, and soul, and can serve as the cornerstone of therapeutic change. A Jason Aronson Book

For many teachers, gender issues related to role models, image and expectations have an effect upon the behaviour and achievement of both boys and girls, often to their disadvantage. This innovative and practical resource, for teachers of students aged 14-19 provides: o a programme to promote gender equality and inclusivity in schools and colleges o a rationale for the programme based on social justice o a practical set of classroom activities to implement the programme The book adopts an 'action inquiry' methodology - engaging students and staff in the processes of investigating what is currently happening, and planning, implementing and reviewing improvements. This contributes to the development of the school or college as a self-evaluating organisation which listens to the voice of the young person. The programme also supports teachers and other school staff in developing as reflective practitioners, and children and young people in developing as reflective learners. 'A real strength of the resource is the inclusion of practical activities that have been carefully designed for pupils. These are excellent and lend themselves for use in a variety of ways. This is a thoroughly recommended resource.' - SENCO Update

Maiko Masquerade explores Japanese representations of the maiko, or apprentice geisha, in films, manga, and other popular media as an icon of exemplary girlhood. Jan Bardsley traces how the maiko, long stigmatized as a victim of sexual exploitation, emerges in the 2000s as the chaste keeper of Kyoto's classical artistic traditions. Insider accounts by maiko and geisha, their leaders and fans, show pride in the training, challenges, and rewards maiko face. No longer viewed as a toy for men's amusement, she serves as catalyst for women's consumer fun. This change inspires stories of ordinary girls--and even one boy--striving to embody the maiko ideal, engaging in masquerades that highlight questions of personal choice, gender performance, and national identity.

When the Democratic Party of Japan (DPJ) came to power in September 2009, Japanese citizens expected the imminent arrival of a new political era, characterized by a two-party system. However, in addition to the triple disasters of March 2011, the DPJ faced numerous difficulties arising from its controversial policies and massive party defections following the government's consumption tax hike legislation. The DPJ fell from power following a crushing defeat in the 2012 Lower House election, in which its seat total was drastically reduced. This book examines the September 2009-December 2012 administration of the DPJ from various perspectives, including policies, party governance, management, and legacy. It identifies the significance of the DPJ to Japan's party politics, explains the reasons for its downfall, and derives crucial lessons for the future of party democracy in Japan. The contributors, a team of professional academics and a lawyer, analyse the policies and events of the DPJ administration based on their interviews with key DPJ politicians and related persons at or close to the centre of the administration. Together they elicit insights from the experiences of the DPJ government to inform the expectations of Japan's party democracy. Explaining how the failure of the DPJ government has long-term importance for understanding Japanese politics, this book will be invaluable for students and scholars of the field.

This book re-locates Elizabeth Gaskell's smaller stories in the literary and cultural context of the nineteenth century. While Gaskell is recognised as one of the major novelists of her time, the short stories that make up a large proportion of her published work have not yet received the critical attention they deserve. This study re-claims them as an indispensable part of her literary output that enables us to better contextualize and assess her achievement holistically as a highly-skilled woman of letters. The periodicals in which Gaskell's shorter pieces were published offer a microcosm of nineteenth-century society, and Gaskell took full advantage of the medium to apply a consistent and barbed challenge to cultural and gendered constructs of roles and social behaviour. Although her eminently readable prose still flows easily in her short stories, it is less likely to elide the sharp corners of domestic violence, the disabling experiences of women, the pain of death and loss, and the complications of family life. Carolyn Lambert is the author of *The Meanings of Home in Elizabeth Gaskell's Fiction* (2013), co-editor with Marion Shaw of *For Better, For Worse: Marriage in Victorian Novels by Women* (2018) and the author of *Frances Trollope* (2020).

Historical Dictionary of Postwar Japan, Second Edition contains a chronology, an introduction, and an extensive bibliography. The dictionary section has several hundred cross-referenced entries on important personalities, politics, economy, foreign relations, religion, and culture.

Blaming the media for reproducing and extolling unrealistic female bodies has almost become a popular truism. Even medical opinion notes that the media can influence young women to starve themselves and therefore act as a possible causal factor of disordered eating. Yet surprisingly, little work has addressed either the nature of media representations of the body, or the ways in which audiences interpret and use such images in our contemporary cultural context. *The Media and Body Image* addresses this lack and: - Draws together literature from sociology, gender studies and psychology - Brings together new empirical work on both media representations and audience responses - Offers a broad discussion of this topic in the context of socio-cultural change,

gender politics, and self-identity.

The study of gender differences began in earnest in the 1970s and has since increased dramatically to infiltrate virtually all fields of study in the social and behavioral sciences. Along the way, it was discovered that while women very often think and behave differently than do men, industrialized societies cater to masculine perspectives. The "Psychology of Women" emerged as a field of study focusing on just those areas in which women most often butted against assumed roles. And similarly, in the 1990s, the "Psychology of Men" emerged to focus on the same issues for men. The Encyclopedia of Gender covers all three areas under one cover, discussing psychological differences in personality, cognition, and behavior, as well as biologically based differences and how those differences impact behavior. Coverage includes studies of these differences in applied settings such as education, business, the home, in politics, sports competition, etc. Key Features * Over 100 In-depth chapters by leading scholars in the psychology of women and gender * Addresses critical questions of similarities and differences in gendering across diverse groups, challenging myths about gender polarization and the "Venus/Mars" distinction * Broad coverage of topics from theory and method to development, personality, violence, sexuality, close relationships, work, health, and social policy * Sensitive attention to multicultural and cross-cultural research * Clearly written, readable, comprehensive, with helpful guides (outline, glossary, reference list) * Raises difficult questions related to power, inequality, ethics, and social justice * Challenges the reader to revise established "truths" and to seek further information * Maintains a feminist and woman-centered focus

This Handbook is the first volume to address the dynamic issues related to sexuality from a social work perspective by providing a comprehensive, current and international overview of issues related to sexuality. It explains how each issue is important and critically discusses the leading views in the area, providing diverse and inclusive perspectives from leading scholars in the field. Divided into seven parts: Structural Context Sexual Identities Sexuality through the Lifespan Health, Mental Health, and Sexuality Sexual Health and Well-Being: Pleasure, Desire, and Consent Practice Issues Regulating Sexuality: Historical and Contemporary Legislation It will be of interest to students, academics, researchers, and practitioners of social work and related health and social care subjects, and is particularly relevant for practice courses as well as courses on Human Growth and Development and Human Behavior in the Social Environment.

Welfare, Exclusion and Political Agency develops key topics in social work and social policy relating to exclusion, social divisions and control in welfare. It provides theoretical tools for students, academics and professionals whose work involves them in supporting the political agency of excluded groups. At a time when there have been profound shifts in the organization of welfare and the underpinning theories of the associated professions, the book tackles issues such as: *the move away from publicly funded welfare *the loss of a public service ethic *reduction of input from professionals in policy *loss of professional skills *increase of bureaucracy.

Self-harm often arises at moments of despair or emotional intensity, and its reasons are not necessarily available to the conscious mind. Managing Self-Harm explores the meaning and impact of self-harm, and the sense in which it is a language of the body. It is designed to help clinicians, people who self-harm and their families and carers to understand its causes, meaning and treatment. Each chapter integrates theory with clinical illustration, enabling the direct experiences of those who self-harm to be heard and reflecting the populations that are most likely to self-harm. The contributors are drawn from a wide range of backgrounds, including clinical psychology, psychotherapy, group analysis and psychiatric nursing. Areas of discussion include: self-harm and young people in foster care and residential settings self-harm in women's secure services self-harm in people diagnosed with personality disorder This book does not offer a prescription for self-harm cessation but rather describes therapeutic approaches to working with self-harm, and outlines the complex, subtle and meaningful interactions between those who engage in self-harm and those who seek to understand it. With a specialist interest in women's self-harm, Managing Self-Harm will be essential reading for all mental health professionals, including clinical psychologists, psychotherapists, psychiatrists, psychiatric nurses and social workers. Self-harm is worryingly common in young women, and is often used as a way of easing emotional suffering. Self-Harm: A Psychotherapeutic Approach explores the issues involved from the perspective of a psychoanalytical psychotherapist. Fiona Gardner examines these issues through extensive clinical material and an analysis of the social and cultural influences behind self-harm. This book will be of interest to all those working with those who are harming themselves, including psychotherapists, school counsellors, social workers and mental health clinicians.

How do some students manage to excel in their studies and be popular while other high achievers are treated as social outcasts? This lively and accessible text looks at the relationships between gender, race and social class, and attainment and popularity, for high-achieving pupils. The internationally renowned authors present a lucid theoretical framework that reflects the complexity of these issues, placing them within the broader context of the policies that cause and constrain particular behaviours among teachers and pupils. The authors draw together empirical data, bringing the realities of young people to life and presenting the lessons that can be learnt to enhance the educational achievement of all students. It is an engaging text for advanced undergraduate and postgraduate students exploring the debates on identity and achievement.

Drawing on ethnographic data gathered from fieldwork spanning a 15-year period, this book offers new insights into understanding the lives and experiences of women managers in Japan. Based on empirical case studies, it explores the ways in which professional women in Tokyo creatively mobilize their friendships as a strategic site for mitigating the disappointments in their working lives, and conceptualizing new understandings of independence and equality. It analyses their use of language, time, space and money to negotiate new identities in an increasingly flexible work environment. In examining the challenges and opportunities faced by these corporate workers, this book also extends anthropological debates about the changing meaning and importance of work for women, as well as their relationship with money and separation from the realm of domesticity. As a study of women's lives in and out of the workplace in Japan, this book will be of great interest to students and scholars of Japanese studies, Japanese culture and society, anthropology, sociology, gender and women's studies.

Transgender and gender nonconforming (TNGC) clients have complex mental health concerns, and are more likely than ever to seek out treatment. This comprehensive resource outlines the latest research and recommendations to provide you with the requisite knowledge, skills, and awareness to treat TNGC clients with competent and affirming care. As you know, TNGC clients have different needs based on who they are in relation to the world. Written by three psychologists who specialize in working with the TNGC population, this important book draws on the perspective that there is no one-size-fits-all approach for working with TNGC clients. It offers interventions tailored to developmental stages and situational factors—for example, cultural intersections such as race, class, and religion. This book provides up-to-date information on language, etiquette, and appropriate

communication and conduct in treating TGNC clients, and discusses the history, cultural context, and ethical and legal issues that can arise in working with gender-diverse individuals in a clinical setting. You'll also find information about informed consent approaches that call for a shift in the role of the mental health provider in the position of assessment and referral for the purposes of gender-affirming medical care (such as hormones, surgery, and other procedures). As changes in recent transgender health care and insurance coverage have provided increased access for a broader range of consumers, it is essential to understand transgender and gender nonconforming clients' different needs. This book provides practical exercises and skills you can use to help TNGC clients thrive.

Although instances of deliberate skin-cutting are recorded as far back as the old and New Testaments of the Bible the behavior has generally been regarded as a symptom of various mental disorders. With the publication of *Bodies Under Siege*, a book described in the *New York Times Magazine* (July 17, 1997) as "the first to comprehensively explore self-mutilation," Dr. Armando Favazza has pioneered the study of the behavior as significant and meaningful unto itself. Drawing from the latest case studies from clinical psychiatry he broadens our understanding of self-mutilation and body modification and explores their surprising connections to the elemental experiences of healing, religions, salvation, and social balance. Favazza makes sense out of seemingly senseless self-mutilative behaviors by providing both a useful classification and examination of the ways in which the behaviors provide effective but temporary relief from troublesome symptoms such as overwhelming anxiety, racing thoughts, and depersonalization. He offers important new information on the psychology and biology of self-mutilation, the link between self-mutilation and eating disorders, and advances in treatment. An epilogue by Fakir Musafar, the father of the Modern Primitive movement, describes his role in influencing a new generation to "experiment with the previously forbidden 'body side' of life" through piercing, blood rituals, scarification, and body sculpting in order to attain a state of grace. The second edition of *Bodies Under Siege* is the major source of information about self-mutilation, a much misunderstood behavior that is now coming into public awareness. This text draws together the findings and arguments from the vast array of material available on this topic, in order to provide a comprehensive and clear overview of the various debates about, and explanations for gender and achievement.

Put health and self-care at the heart of everything and you will enjoy endless benefits from the time you spend here on Mother Earth. Extreme self-care is taking care of your body, mind, heart and spirit. It is about loving yourself and others. It is about doing things you enjoy and standing up for things you think are right and serving others. Extreme self-care is living a purposeful life and standing in your divine femininity. Life is sometimes hard and serious and our duties and responsibilities crowd out time to just enjoy ourselves and have plain old fun. Stop being so serious. Life is an adventure and we are meant to have joy and fun and love along the way. We have become so sophisticated as a people and that is one of our downfalls. We need to get back to primitive godliness and simplicity if we wish to regain our health and happiness. Look at a baby or small child and see the joy they have for life, their spark, their self-confidence and self-love, go back to that! Schedule time to take care of yourself. Schedule fun time in your life. Go outside. Get in the sun. Get in the water. Play hard. Laugh out loud. Laugh until you cry. Make your life fun again. We need to relearn what our ancient ancestors knew about spending time in nature, living in community, using plants for food and medicine and recognize energy and spiritual healing as bonafide therapy. Our DNA recognizes the ancient remedies and responds with health. Learning wisdom from our Divine Feminine foremothers will put us back in touch with our inner knowing, our own divinity and purpose. Ancient wisdom and natural medicine is our pathway to vibrant physical, mental, emotional and spiritual health.

The SAGE Encyclopedia of Psychology and Gender is an innovative exploration of the intersection of gender and psychology—topics that resonate across disciplines and inform our everyday lives. This encyclopedia looks at issues of gender, identity, and psychological processes at the individual as well as the societal level, exploring topics such as how gender intersects with developmental processes both in infancy and childhood and throughout later life stages; the evolution of feminism and the men's movement; the ways in which gender can affect psychological outcomes and influence behavior; and more. With articles written by experts across a variety of disciplines, this encyclopedia delivers insights on the psychology of gender through the lens of developmental science, social science, clinical and counseling psychology, sociology, and more. This encyclopedia will provide librarians, students, and professionals with ready access to up-to-date information that informs some of today's key contemporary issues and debates. These are the sorts of questions we plan for this encyclopedia to address: What is gender nonconformity? What are some of the evolutionary sex differences between men and women? How does gender-based workplace harassment affect health outcomes? How are gender roles viewed in different cultures? What is third-wave feminism?

What's in a prefix? How to read a prefix as short as 're-'? Does 're-' really signify? Can it point into a specific direction? Can it reverse? Can it become the shibboleth of a 'postcritical' reboot? At first glance transparent and directional, 're-' complicates the linear and teleological models commonly accepted as structuring the relations between past, present, and future, opening onto errant temporalities.

"This work takes gender as its point of entry into the comedies of Carlo Goldoni (1707-93). The dramatization of femininity and masculinity is explored in conjunction with that of other social categories (class, the family, and age). The plays reinforce the patriarchal association of femininity with the body, with spectacle, and with theatricality, while the dramatic backdrop of Venice and carnival provides a context for the staging of issues relating to identity, disguise and fashion. In the plays, pretence and theatricality vie with bourgeois Enlightenment values of morality, honesty and respectability to produce dramatic tension with distinct gender implications."

This book is a timely and expansive volume on Murakami Haruki, arguably Japan's most high-profile contemporary writer. With contributions from prominent Murakami scholars, this book approaches the works of Murakami Haruki through

interdisciplinary perspectives, discussing their significance and value through the lenses of history; geography; politics; gender and sexuality; translation; and literary influence and circulation. Together the chapters provide a multifaceted assessment on Murakami's literary oeuvre in the last four decades, vouching for its continuous importance in understanding the world and Japan in contemporary times. The book also features exclusive material that includes the cultural critic Kat? Norihiro's final work on Murakami – his chapter here is one of the few works ever translated into English – to interviews with Murakami and discussions from his translators and editors, shedding light not only on Murakami's works as literature but as products of cross-cultural exchanges. *Murakami Haruki and Our Years of Pilgrimage* will prove a valuable resource for students and scholars of Japanese studies, comparative and world literature, cultural studies, and beyond.

Since the MeToo hashtag went viral in 2017, the movement has burgeoned across social media, moving beyond Twitter and into living rooms and courtrooms. It has spread unevenly across the globe, with some countries and societies more impacted than others, and interacted with existing feminist movements, struggles, and resistances. This interdisciplinary handbook identifies thematic and theoretical areas that require attention and interrogation, inviting the reader to make connections between the ways in which the #MeToo movement has panned out in different parts of the world, seeing it in the context of the many feminist and gendered struggles already in place, as well as the solidarities with similar movements across countries and cultures. With contributions from gender experts spanning a wide range of disciplines including political science, history, sociology, law, literature, and philosophy, this groundbreaking book will have contemporary relevance for scholars, feminists, gender researchers, and policy-makers across the globe.

This book challenges a contemporary postfeminist sensibility grounded not only in assumptions that gender and sexual equality has been achieved in many Western contexts, but that feminism has gone 'too far' with women and girls now overtaking men and boys - positioned as the new victims of gender transformations. The book is the first to outline and critique how educational discourses have directly fed into postfeminist anxieties, exploring three postfeminist panics over girls and girlhood that circulate widely in the international media and popular culture. First it explores how a masculinity crisis over failing boys in school has spawned a backlash discourse about overly successful girls; second it looks at how widespread anxieties over girls becoming excessively mean and/or violent have positioned female aggression as pathological; third it examines how incessant concerns over controlling risky female sexuality underpin recent sexualisation of girls' moral panics. The book outlines how these postfeminist panics over girlhood have influenced educational policies and practices in areas such as academic achievement, anti-bullying strategies and sex-education curriculum, making visible the new postfeminist, sexual politics of schooling. Moving beyond media or policy critique, however, this book offers new theoretical and methodological tools for researching postfeminism, girlhood and education. It engages with current theoretical debates over possibilities for girls' agency and empowerment in postfeminist, neo-liberal contexts of sexual regulation. It also elaborates new psychosocial and feminist Deleuzian methodological approaches for mapping subjectivity, affectivity and social change. Drawing on two UK empirical research projects exploring teen-aged girls' own perspectives and responses to postfeminist panics, the book shows how real girls are actually negotiating notions of girls as overly successful, mean, violent, aggressive and sexual. The data offers rich insight into girls' gendered, raced and classed experiences at school and beyond, exploring teen peer cultures, friendship, offline and online sexual identities, and bullying and cyberbullying. The analysis illuminates how and when girls take up and identify with postfeminist trends, but also at times attempt to re-work, challenge and critique the contradictory discourses of girlhood and femininity. In this sense the book offers an opportunity for girls to 'talk back' to the often simplistic either wildly celebratory or crisis-based sensationalism of postfeminist panics over girlhood. This book will be essential reading for those interested in feminism, girlhood, media studies, gender and education.

Eating disorders are common, frequently severe, and often devastating pathologies. Biological, psychological, and social factors are usually involved in these disorders in both the aetiopathogeny and the course of disease. The interaction among these factors might better explain the problem of the development of each particular eating disorder, its specific expression, and the course and outcome. This book includes different studies about the core concepts of eating disorders, from general topics to some different modalities of treatment. Epidemiology, the key variables in the development of eating disorders, the role of some psychosocial factors, as well as the role of some biological influences, some clinical and therapeutic issues from both psychosocial and biological points of view, and the nutritional evaluation and nutritional treatment, are clearly presented by the authors of the corresponding chapters. Professionals such as psychologists, nurses, doctors, and nutritionists, among others, may be interested in this book.

Rhetoric of Femininity: Female Body Image, Media, and Gender Role Stress/Conflict offers critical and social identity intersectionalities approach to interpretations of femininity among three generations of women for a rhetorical examination of how femininity is made to mean by media and popular culture. Amplified are voices of women across multiple age, ethnic, and sexual orientation groups who shared in focus groups and interviews their perceptions of femininity and feminine ideals. Femininity is explored using theories from communication and mass media, psychology, sociology, and feminist and gender studies. Donnalyn Pompper explores femininities as shaped by cultural rituals and industries, at home and at work in organizations, on sporting fields and arenas, and in politics.

Suicide is a perplexing human behavior that remains among the leading causes of death worldwide, responsible for more deaths each year than all wars, genocide, and homicide combined. Although suicide and other forms of self-injury have baffled scholars and clinicians for thousands of years, the past few decades have brought significant leaps in our understanding of these behaviors. This volume provides a comprehensive summary of the most important and exciting advances in our understanding of suicide and self-injury and our ability to predict and prevent it. Comprised of a formidable who's who in the field, the handbook covers the full spectrum of topics in suicide and self-injury across the lifespan, including the classification of different self-injurious behaviors, epidemiology, assessment techniques, and intervention. Chapters probe relevant issues in our society surrounding suicide, including assisted suicide and euthanasia, suicide terrorism, overlap between suicidal behavior and interpersonal violence, ethical considerations for suicide researchers, and current knowledge on survivors of suicide. The most comprehensive handbook on suicide and self-injury to date, this volume is a must-read text for graduate students, fellows, academic and research

psychologists, and other researchers working in the brain and behavioral sciences.

Over the past two decades, Japan's socioeconomic environment has undergone considerable changes prompted by both a long recession and the relaxation of particular labour laws in the 1990s and 2000s. Within this context, "freeters", part-time workers aged between fifteen and thirty-four who are not housewives or students, emerged into the public arena as a social problem. This book, drawing on six years of ethnographic research, takes the lives of male freeters as a lens to examine contemporary ideas and experiences of adult masculinities. It queries how notions of adulthood and masculinity are interwoven and how these ideals are changing in the face of large-scale employment shifts. Highlighting the continuing importance of productivity and labour in understandings of masculinities, it argues that men experience and practice multiple masculinities which are often contradictory, sometimes limiting, and change as they age and in interaction with others, and with social structures, institutions, and expectations. Providing a fascinating alternative to the stereotypical idea of the Japanese male as a salaryman, this book will be of huge interest to students and scholars of Japanese culture and society, social and cultural anthropology, gender and men's studies.

Nonsuicidal self-injury (NSSI) is a baffling, troubling, and hard to treat phenomenon that has increased markedly in recent years. Key issues in diagnosing and treating NSSI adequately include differentiating it from attempted suicide and other mental disorders, as well as understanding the motivations for self-injury and the context in which it occurs. This accessible and practical book provides therapists and students with a clear understanding of these key issues, as well as of suitable assessment techniques. It then goes on to delineate research-informed treatment approaches for NSSI, with an emphasis on functional assessment, emotion regulation, and problem solving, including motivational interviewing, interpersonal skills, CBT, DBT, behavioral management strategies, delay behaviors, exercise, family therapy, risk management, and medication, as well as how to successfully combine methods.

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