

Ive Got Cancer But It Hasnt Got Me Rising To The Challenge Of Breast Cancer

Self-biography. A Cancer Survivor's Story. Am I leading the life I want to live? Am I living my life to its fullest? Have I found the purpose for my existence? Do I have my personal targets pinned down? Do my life goals mirror my innermost beliefs and values? Are they the very essence of how I act and see myself as a human being? I don't know exactly what all my questions were before I was diagnosed with cancer, but, the day after I received the doctor's verdict on my health, my questions were numerous, specific, and all concerned with the same subject: How am I living my life? For what reason was I put on this earth? What am I to do now - if I only have a short time to live? Most importantly, what about my family - my husband and my children?

Shari Willis Gingras was diagnosed in 2004 with stage III breast cancer. Upon hearing this, she felt shock, fear, anger and even devastation. But early in the course of treatment, she decided that cancer would not get her down. She would fight this "beast." She developed strategies to help her cope throughout multiple surgeries, dose dense chemotherapy with significant side effects, as well as 32 rounds of radiation therapy. When active treatment was completed 18 months later, she felt empowered and stronger than ever before. In this insightful and informative book, she shares these strategies with you to help you get through the stages of

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cancer journey and on your way to a stronger, better you. SurvivorsGuidetoBreastCancer.com

I have cancer, but it's not who I am. Mother of four girls Julia Watson thought her world was falling apart when she found out she had terminal cancer. But with humour and courage, Julia faces the greatest challenge of her life – and in the process becomes the person she'd always wanted to be. A survivor of child abuse, brought up by a mother with mental illness, Julia was no stranger to adversity. After her daughter Georgie was born with Down syndrome, she thought she'd faced it all. But when doctors offer her the chance of risky but potentially life-saving surgery, Julia faces her toughest situation yet. Follow Julia and her family, as she writes her way through the crisis, chases her dreams, gets her dancing shoes on and discovers the lighter side of life with a colostomy bag. This is a candid, entertaining look at life with cancer and living each day with humour and hope. This book describes the 1 year+ adventure of the most interesting or humorous happenings as a single working mom with breast cancer. My objective when writing was to appeal to other cancer patients and their families and to hopefully bring them entertainment at the expense of my (temporary) bad luck through the process.

_____ I hope this book brings smiles and some chuckles to those of you out there fighting cancer. Laughter was definitely something I wanted and needed while going through it myself. Boredom and discomfort are not a good combination, and those of you going through treatments know what I mean. Try and make the best of your situation. Everyone's environment is

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different. As for myself, I'm a single mother. On top of that, any family members I have are a couple of states away. But, I have been blessed to have a great church family that prayed for me and some members that also offered practical help. So, don't be afraid to ask for help when you need it. Also, make sure you're eating healthy (natural/organic foods preferably), hydrating yourself...and, of course, laughing whenever possible. Find humor in whatever you can...sitcoms, comedy movies, and enjoyable people to be around. Laughter IS the best medicine. Perhaps you will at least find my bad luck entertaining.

"You Have Breast Cancer." Just four words that can change your life forever. Time seems to stop once you hear those words. You sit in your doctor's office, staring at the wall, a million thoughts crushing your mind, and it all comes down to a single question. I Have Breast Cancer. Now What? Natalie K. Smalley, a two-time breast cancer survivor, has created a comprehensive breast cancer support guide that will help you handle one of the most difficult - if not the most difficult - eras in your life. After beating breast cancer twice, Natalie, a happy mother of 8 and a devoted wife, decided to share her experience and help every woman who has been diagnosed with breast cancer to find support and motivation. Her unique story will act as a beacon and help you navigate the stormy waters of breast cancer with renewed confidence. What To Expect: Natalie leaves no stone unturned when it comes to offering you an all-inclusive, easy-to-follow breast cancer book that will help you avoid common mistakes, learn how to

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manage family dynamics, and making every single day count. By the end of this powerful cancer inspirational book, you will be able to: ?? Learn More About Breast Cancer, How Cancer Spreads & How Treating Cancer Actually Works ?? Discover The Importance Of Wellness, Exercise & Proper Nutrition In The Process ?? Understand How Cancer Can Change Intimacy & How To Rebuild It ?? Find Out Ways To Motivate Yourself When You Don't Want To Exercise Or Eat Well ?? Harness That Inner Courage, Feel More Confident & Learn How To Return To Your Normal Life What's In It For You? Knowledge and preparedness will make everything easier. Natalie has gone through the same process twice, she has made mistakes you can avoid, and she has found a system that actually works. Be prepared for anything breast cancer throws your way and turn this process into your own survival story. Click "Buy Now" & Invest In Yourself!

My story really begins early in the fall of the year of 2003. I was starting to experience the loss of some of my strength. My left arm and leg to be exact. No real ache or pain. I had over extended the bottom of my left foot a couple of months ago. I was transferring a patient from his bed to his wheel chair at my work site. I was working as a medical assistant at a health care site. I was taken by fellow worker to a company doctor. He put me in a boot to support my weight, keeping off my foot. I missed a couple of weeks work. First work I had missed in three years. The foot seemed improved after a time. A short time later, my knee on both of my lets started giving me a whole lot of trouble. I was now having pain in both my

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legs and both of my knees. I began to think that maybe it was actually caused by the weather. The weather was starting to cool down. Fall and winter were approaching. I was beginning to slow down on my job. I was employed by Great Bend Health and Rehabilitation. The job of medical assistant requires that you are in good health. My leg and arm had gotten so bad I just couldn't do my job as it should be done.

When one family member has cancer, the whole family has cancer. This is not just another story of a family's victory over cancer. The intent of the author sharing her story is to give practical suggestions to patients and their family and friends on how to help. Returning home from successful treatment in 2005, Darlene consistently receives calls, emails, and visits from people who are newly diagnosed and from the patient's family and friends who want to know how to help their loved one. They ask her: What can I do? What should I say? Included are suggestions for the patient on how to battle not only the disease but also the onslaught of fear and anxiety that accompanies a diagnosis such as cancer. Although every case of cancer is unique and each family is different, Darlene has found that there are some universal dos and don'ts for those who find themselves in this battle: Motivate yourself for the fight. Create ways others may join in. Learn how to encourage and help those battling cancer.

Stories of Hope is a compilation of photos, stories, advice, and encouragement that I have collected by interviewing 10 families affected by cancer. Every survivor that I have met shares their unique experiences

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and new outlook on life. This inspirational book is meant to give hope to those fighting cancer. These amazing stories full of heart and love can lift up and inspire even the most crushed spirit. The proceeds from this book will be used to purchase more books to be donated to hospitals, doctor's offices, and oncologist centers across the nation.

This Book chronicles an individual's true life experiences of a head-on collision with not one cancer diagnose, but two. The first cancer diagnosis took me by surprise, first thing came to mind, "a death sentence". By the time the second cancer came about, I wasn't that afraid, I was angrier to why me again. I've already had my turn. On the other hand, I felt if I beat it once, perhaps I could do it again. I was ready to fight and be rid of it. I did keep a small thought in a corner of my mine, that if I didn't get through this second cancer diagnose after all the fighting, it wasn't meant to be, it was my time, but I definitely was going to battle with it until the tenth round. During this time, I truly developed more gratefulness. I embraced the experience even though it was painful, hard and dreary at times. I felt as though I was fighting for something, someone. Each time a person goes through a horrific experience, it's for a reason. I believe, after all the hurt and pain a person endures, something good has to come out of it, somewhere down the line. I read somewhere, it stated, "if you can choose to find the positive things in even your worst challenges, you'll never run out of hope". I live and learn to believe that. If I had not gone through cancer, I would not have known how precious life and family truly is. Yes, I've always

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loved my family, didn't always show it, and I sort of loved life, but it was truly hard to really know how much I loved it, because of so many challenges I had to go through, throughout my entire life. But when tragedy happens, you look back and you access your life and you see where you took all the good that was happening in your life, as well as family for granted. Good will always outweigh the bad. Every bad experience I happened upon, I got through it, and it brought me to a better and new experience, something I would not have gained otherwise. I truly believe we go through trials and tribulations to increase us, not to take away from us. With that said, and all that I've endured, I'm going to live each day as a new one. I'm going to live until, and I will not die, until I'm dead. Through all these experiences I gain strength and encouragement to write down my thoughts to share with other. With the words and phrases of my story, I wish to make a positive impact on someone who's ill or otherwise, where they can proceed life in a whole new way. In life, we don't ask for bad things to happen to us, but when it does it brings change, and there's not much we can do about it, but to except, embrace and work through it, to see the bigger picture. While going through my cancer treatments, I was never stressed out about it, and even after I was first diagnosed, I had a co-worker come up to me and stated that "I seem to be in denial" about the whole situation. No, I wasn't in denial. What she didn't realize is that, I had done all my crying, all the asking why, all the stressing about it, and I came to the conclusion, none of it was helping, I still had cancer. Not any of that, nor how

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I felt was going to make my cancer disappear, so I let go of it, and began totally depending on my faith. No denial here, just a woman working towards a different future than she had planned. I'm a realist, I don't write to rhythm, I write what's on mind. I don't have much, I've never had much throughout my entire life, but I had what I needed. I now feel that I've been given a gift, the gift of life experiences.

Cancer and Me, I was forty- two years old when cancer became a permanent part of my own personal life. I have had lumps remove before they were not cancer. I knew what cancer can do to you, I experience that with my mothers' cancer years ago. So this was not something I was looking forward to experiencing, because I thought that my other disease was going th take me out, before I get to the age that cancer would kill me. I had my first benign lump remove at the age of twenty- three. In 1989 I had a large lump that I was hospitalize for, it was in my right breast, it was taken out, it was not cancer. Then in the summer I went to the doctor, because my hormones were out of control, I was getting lumps everywhere on my body. The doctor sent me to a breast cancer doctor, because she felt some lumps and I had problems in the past. The next months were spent in exams, test and being biopsy for breast cancer. In November the test showed that it was cancer in my right beast. Next, the surgeons talked to me about what they were going to do to remove the tumor, they would do their best not to have to take the breast, just remove the cancer. I was also concern about the other lumps, that I had in other places on my body and because my left side and abdomen

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were causing me lots of pain, my stomach stayed blotted and I thought I might have been having a problem with my ovaries too, so I ask the surgeons what, were they going to do about the pain in my abdomen and left side? The younger surgeon said, nothing, we are not doing anything about that. The older surgeon and the nurse walked out of the room, leaving me and the doctor debating why not, he was right, no one has not done anything to this day. I went for a second opinion, but that fail too. I had the surgery, the doctor said the cancer had spread to my breast muscle, they said the cancer was a stage 1. They tried to put my breast back together, but two weeks later the surgeons had to do a complete mastectomy. I was given eight weeks of chemotherapy, which was not as bad as I thought it was going to be, because I have sickle cell disease and my blood count stay so low. So for the next five years I made all of my six month check-ups. The problem with my left side and abdomen was the health problem that stocked me. Blotted stomach to the point that people would ask me when I was going to have my baby, when my stomach was really blotted, or when I was doing better what did I have, because I was not blotted today. I usually played off and said it was just RICE, I was never pregnant. The stinging in my abdomen became more progressive, by two thousand I was having stinging in my head, ribs and pelvis, my walking was becoming more difficult for me to stand or walk. My oncologist said it was just my SC disease, but I knew this pain was different. The next two years I went to about seven or eight doctors looking for help, but I only receive more tests. Then I went to the

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cancer society for help, the lady there told me to try going to an internal medicine doctor, so after some months I found one who would see me. She did some more tests and scans too, and I receive a call to come in, she had the results. A friend took me, I was glad to have someone with me when I heard the results, it looked like the cancer is on your skull, rib and pelvis, she asked me had I started to lose function of my body control. I told her no, not at this time. I went looking for a second opinion, before getting treatment cancer, something changed after my treatment back in 1995, I wanted to be sure, although I know something was wrong, from the way my body was hurting, since 2000. I had tests by a cancer doctor back than, his facial expression told me something was not good, but he said I was fine, but I could not forget that look when I went for my results for him. That look was one or two things. There was something there on the in my records or he thought I had something to be worried about and he could not go aga From the foundations of cancer to issues of survivorship, this book provides all the details and information needed to gain a true understanding of the 'basics' of cancer. Cancer.

A Heart-Warming Story of Courage, Hope and Resilience of a Breast Cancer Survivor I Have Survived is the true story of one woman's 10-year journey through cancer. Erin invites you to walk in her shoes and witness her most intimate moments of devastation and loss, along with her finest episodes of hope and courage. It is the inspiring account of how she overcame the many personal, physical, and emotional challenges that breast

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cancer put in her path, ultimately coming to a place of joy and love for life. This book also contains helpful guidelines for cancer patients, caregivers, family, friends, and employers. "As a two-time breast cancer survivor, I was moved by Erin's candor as she explains what she faced as a patient-from diagnosis through treatment. This book is both a heartfelt memoir and a helpful guide full of suggestions for patients, friends, and caregivers." - Michele Donahue, Chair of the Komen Florida Public Policy Collaborative

Cancer -- just one word and your world changed. Your diagnosis was scary, but now the real work begins. Fighting. Waiting. Recovering. And waiting. How do you cope with doctors, treatments, and insurance companies? You've never been through this before. But survivor Ann Low has, and she can navigate you through the twists and turns. In practical, everyday language she steers you around costly mistakes and away from stress. In this easy-to-read book, Ann can help you better understand your insurance and avoid overcharges, track complex medical information, screen medical professionals to work with YOU and give you tips to ease your journey. Before you start your cancer treatment, you may have time to read only one book. Make it this one. This book is an absolute must read for not only all cancer survivors, but for their friends and family. With lots of heart and even a little humor, its a life-changing journey of twists and turns that will open your eyesMike Valentino, Editor.

This is me going a few rounds with Prostate Cancer. It is real, with a jab or two of humour, irreverence and

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information. If you, your family or friends are going through the ins and outs of this nasty disease this booklet might help with the practicalities of it all. Even if you want just a little bit more information about Prostate Cancer then this might be a good little read. All proceeds from the sale of this book will be donated to PROSTATE CANCER UK

A small booklet for women diagnosed with breast cancer dealing with practical issues and providing encouragement

Shit! I've got cancer...What should I do? is a didactic guide where the author share ?s his healing experience so that other people linked to cancer could learn from this illness, starting from ground zero, and also share their testimonies and tips.

I was with her twenty-four hours a day, seven days a week for the last ten months of her life. The conversations we had were priceless. The promises I made to her I am still fulfilling. Dawn definitely made me a stronger person. She taught me so many things about life, about myself, but also about others. After she was diagnosed, Dawn saw things as they were and not as she wished them to be, and slowly but surely she began putting things in order. Yes, this cancer is going to end my life here on earth several years sooner than if I didn't have it. Though it won't take away what I have. I have a loving father and best friend. I have Cathy, my wonderful mother by marriage. I have my mother and Kristie who I love so very much. I have the two most beautiful children in the world in Tyler and Jordan. I have peace with God and myself. I also have something that is so important to

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me: I have love from all those I just mentioned. They love me. So you see, cancer didn't win. It can never take what I have. Please understand that I haven't given up on a miracle nor have I given up on life here on earth. I won't live my life waiting on a miracle. I'm going to live my life as if I don't need a miracle. I won't live my life in fear of death. I'm going to live my life as if I have nothing to fear. Yes, I will do whatever it takes to live. I'm going to do my best to do what it takes to be happy not depressed. So yes, I hate that I have cancer, although I love my life and those who are in it and make it what it is.

On the 10th March 2017 with a single sentence my life changed, that sentence was "you have Cancer". To say this is a game changer is an understatement. Now don't get me wrong, no Cancer is glamorous, however having to tell people you have ass cancer is slightly humiliating. Now it stands to reason that if I was to ever get a Cancer, Colon Cancer was always likely to be the one for me. Years of people telling me that I was full of shit and a pain in the ass eventually was to change from an opinion of my character to a physical reality. Nothing could have prepared me for what was to come. The following year proved to be incredibly challenging for my family and I. I have throughout this book referred to this as a journey, aside from the obvious journey that is Cancer, it is a journey of self-discovery, one that has not been at all easy. While I talk a lot, I am generally not comfortable talking about how I feel, but I realised early on that I needed an outlet, somewhere to let my thoughts come out, so as with so many before me I decided to start a blog. This book is based on that blog. I started

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writing the blog with the thought that it may help anybody who has been diagnosed with Cancer and is currently going through the treatment, in the middle of treatment however I realised that it was likely to put the fear of God in anybody facing this journey. I want to emphasise that everybody's experience is not the same, each person reacts differently to chemotherapy, my experience with it was unpleasant however that was my experience and that does not mean it would be the same for somebody else. This book may help family and loved one's who are supporting somebody going through treatment for Cancer, my hope is it can provide some clarity on how you feel when you are going through this. It is an extremely difficult time for those supporting a Cancer patient, some insight into what they are going through may be helpful.

A guide for men whose wives contract breast cancer offers emotional support and advice every husband needs, including guidance from breast cancer doctors and the shared experiences of those who have gone through the same ordeal. Original. 30,000 first printing. Author Viola Wilson found herself with breast cancer and while looking for information of the different treatments for cancer, she wondered, where is there a book to tell of someones exact experience? Everyone's experience is different, but yet many are familiar. She had questions like, How is Chemo given? What are the side effects? What about Radiation? Are there any side effects of that? How long does the treatments take? She found some brochures on Therapies, but not very detailed. She read books, but no real stories. So she

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sought to began a journal, recording her real experiences, the good the bad and the ugly, with hope of sharing with others going through this horrific disease. So as you read this journal of her journey through Breast Cancer, you will see the struggles, the hard pressed decisions she had to make to move on, the ups and the downs and God's triumphant use of her during this time of illness. She truly believes what the scripture says in Philippians 4:13, "I can do all things through Christ who strengthens me.", and she is living proof that He can.

An alphabet Patient Handbook utilized for the "need to knows" of breast cancer in a colorful presentation utilizing bold messages and clip art for visual imagery and healing. It addresses the psychosocial aspects a woman encounters in her life crisis with breast cancer. Serious take action issues as fertility that must be addressed before medical treatment are critical before a treatment plan is in place! 1 This material is presented patient to patient in a less medicinal way to create medical awareness. 2 Discuss the "unmentionables" as sexuality, chemo brain, lymphedema, hair loss, fertility, etc providing solutions to improve body image and increase self esteem. 3 Promote healing to overcome adversities A wonderful patient handbook to be utilized with simplified messages by a survivor with a bold message! "Speak Slow I've had Chemo" An A - Z Guide to Surviving Breast Cancer makes a wonderful medical setting book, gift for a patient, caregiver, or used for education for nursing students and other med students, survivor groups, gynecology, etc

A Natural Guide to Treatment of Cancer, Breast Cancer,

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Cancer and Nutrition, Beating Cancer and Fighting Cancer. Want to Live? Want to Beat That Cancer? Do Everything Possible to Win? See Your Kids & Grandkids Grow Up? Walk Away ALIVE? There are WELL DOCUMENTED, PEER REVIEWED Studies That Show You Free or Nearly Free Things You Can DO That REALLY IMPROVE YOUR CHANCES! I'm a #1 Bestselling (in Amazon Health) author and spent 5 years writing this little book for my wife and her family -- so far, except for her, they ALL have gotten BREAST CANCER and they all died. It's horrible. And they're NOT BRCA gene positive. She's the lone survivor still standing (she was the youngest out of 5 women) and I really wish to keep her that way. So let me share what I found with you -- it's written from my heart, it's everything I could come up with after 30 years of practicing medicine. And I wrote this for you -- you women with breast cancer -- trying to survive, scared to death. I want to level the playing field for you...AND I FOUND IT'S AMAZING WHAT ALL YOU CAN DO TO SURVIVE! I believe, with all my heart, that if you do everything that studies suggest you should do, you can increase your odds of survival, odds of WINNING, odds of killing the beast of BREAST CANCER, MANY-FOLD. First I tell you how to REALLY predict your odds of getting breast cancer -- you have to know this. Then I tell you EVERYTHING documented in the peer-reviewed medical literature that can help you prevent breast cancer. 30+ STEPS! WOW! Then I give you the meat -- for those of you with breast cancer (I am soo sorry) -- on EVERYTHING you can do to improve your odds of surviving, of going into COMPLETE

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REMISSION (WINNING!!!). PLUS I give you lists to make it easy to follow. Have ACTIVE Cancer? Doctors say your Chances are LOW? Scared to DEATH? I show you what kind & how FASTING prior to your CHEMO can increase your odds of COMPLETE REMISSION plus reduce your chemo side effects. For Early Stage (or ANY Stage) Cancers I show you how to DRAMATICALLY reduce your chance for METASTASES -- a CRITICAL THING! Cancer cells have roughly 8X the metabolic needs of regular cells -- I show you research to use this against those bad cells! Did you know there's a cheap easy-to-take medication that any doctor can prescribe that INCREASES your chance of COMPLETE REMISSION by 50% or more? I show you a great (but all natural) prescription medicine you can get to increase your odds for COMPLETE REMISSION by 5 FOLD!! (Plus get rid of miserable symptoms caused by some of the therapies you're going through)! What's a Stage 4 Breast Cancer Diagnosis Chance of Survival? 15% UGH! But do what the literature actually suggests? How high can you go? Whether you have a Stage 1 or Stage 4 BREAST CANCER, you are in for a FIGHT for YOUR LIFE, and you need to do EVERYTHING your doctor tells you to do -- from CHEMO to SURGERY. But what if I can show you how to do what your doctor says but to do it a little differently, to tweak things a little to massively improve your odds of winning against this beast? And really-- does your doctor know everything? I don't. And I've been practicing medicine for 30 years. I've even written a textbook on Preventive Medicine (my Program120 book) and 11 other books (yes, and some

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have been bestsellers on Amazon) but I wrote this book FOR YOU and FOR YOUR DOCTORS -- all these studies are peer reviewed, solid and major trials -- nothing small. Your surgeons and doctors just don't have the time to look all of this up and to sit and chat with you for hours about all of this. So I put it into a book (and an online course too you can view but that's for another time and place) -- I've thrown it out there -- and I do not take this lightly or I could be sued into oblivion.

In this truly inspirational memoir, Anita Moorjani relates how, after fighting cancer for almost four years, her body began shutting down—overwhelmed by the malignant cells spreading throughout her system. As her organs failed, she entered into an extraordinary near-death experience where she realized her inherent worth . . . and the actual cause of her disease. Upon regaining consciousness, Anita found that her condition had improved so rapidly that she was released from the hospital within weeks—without a trace of cancer in her body! Within these pages, Anita recounts stories of her childhood in Hong Kong, her challenge to establish her career and find true love, as well as how she eventually ended up in that hospital bed where she defied all medical knowledge. As part of a traditional Hindu family residing in a largely Chinese and British society, Anita had been pushed and pulled by cultural and religious customs since she was a little girl. After years of struggling to forge her own path while trying to meet everyone else's expectations, she had the realization, as a result of her epiphany on the other side, that she had the power to heal herself . . . and that there are

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miracles in the Universe that she'd never even imagined. In *Dying to Be Me*, Anita freely shares all she has learned about illness, healing, fear, "being love," and the true magnificence of each and every human being! This is a book that definitely makes the case that we are spiritual beings having a human experience . . . and that we are all One!

This book is about my many battles with cancer. I have had cancer six times and I am currently on chemo as maintenance for precaution measures. In addition to cancer, I have had other health issues over the years including two complete knee replacements. This book is also about my life and my children and grandchildren and family, but it is mostly to show people there is life after cancer and to never give up. I was born into humble beginnings in a little town called Bluff City, Virginia. I was one of six siblings. I had two brothers and three sisters. I was the next to last. We didnt have much growing up, but we had each other and a lot of love. I went to school in Narrows, Virginia and graduated in 1964. I met my husband, Roy, in 1967 and we were married a year later after his tour of duty in Vietnam. We had two boys, Randy and Rusty, and three grandchildren. I worked at a local factory for 37 years until my retirement in 2004. I have always loved to write. I have written many poems and stories, mostly for personal use. This is my first book, but I felt I had a story to tell and I hope it will encourage others who are either going through the same battle or who have been through it.

The book I never thought I'd write, but as the saying goes, '...and yet here we are'. Diagnosis, biopsies,

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doctors, treatment, caregivers, support, hair, chemo-brain, and a whole chapter dedicated to stupid things people say to cancer patients. This book has it all. Before you say, "Oh crap, this guy's writing another 'poor me, I got cancer', book," I promise you that if you catch me in any moments of self-pity you have my permission to toilet paper the trees in front of my house. I'd like to spend as much time in this book as I can thumbing my nose at cancer. I hope you join me when I go to cancer's house and leave a bag of flaming poop on his doorstep. I have worked hard to find the funny in cancer. It would be tragedy to go through cancer three times over fourteen years and not find the humor in it. As a warning, there are moments that any story with cancer at its core can turn dark. I hope at those moments, it doesn't sound like I'm whining. Keep in mind, I'm a guy who has heard the words, "You've got cancer" three times, and I'm still vertical. That being the case, I don't think I've got the right to bitch about anything.

There are lots of books offering medical advice on cancer, but this book is different. It chronicles the diagnosis of cancer through the immediacy of personal experience. This book demystifies the world of cancer and offers a sense of companionship and c
I've Got Cancer, But it Doesn't Have Me!A Survivor's Book of PoemsFull Moon Pr-IllinoisI've Got Cancer, But it Hasn't Got MeRising to the Challenge of Breast CancerVeritas Publications

When Someone You Love Has Advanced Cancer is a booklet for friends and family members taking care of a person with advanced cancer. This booklet covers

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making new decisions about care, how to discuss issues and changes with the health care team, getting support and asking for help, life planning and advance directives, talking with family and friends, talking with children and teens about advanced cancer, communicating with your loved one who has cancer, and tips on caring for both your physical and emotional self. Related products:

Caring for the Caregiver: Support for Cancer Caregivers

– ePub format only – ISBN: 9780160947520

Children with Cancer: A Guide for Parents -- ePub format only --

ISBN: 9780160947537

Coping with Advanced Cancer: Support for People with Cancer -- ePub format only

ISBN: 9780160947544

Eating Hints: Before, during and after Cancer Treatment -- ePub format only --ISBN:

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Life After Cancer Treatment: Facing Forward -- ePub format only -- ISBN: 9780160947568

Pain Control: Support for People with Cancer -- ePub

format only -- ISBN: 9780160947575

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Those of all religious persuasions and of none can appreciate the issues of human meaning and identity the book raises. Highly recommended." --Library Journal * This is not just another cancer journal or first-person survivor account. At equal turns poetic and profound, John McFarland offers hope and honesty, practicality and spirituality, calm and understanding, along with a heightened appreciation of life's meaning and purpose. The Centers for Disease Control reports that more than 20 million people in the United States are currently diagnosed with cancer, and 1.4 million people will be diagnosed in the coming year. At some point in their lives, virtually everyone is touched by this disease, and every patient, survivor, family member, and friend will find hope, strength, and comfort in *Now That I Have Cancer, I Am Whole*. Throughout this moving account, survivor John McFarland shares his Everyman approach to everyday life with cancer in brief meditations full of unflinching honesty, humor, and optimism. This revised edition also shares McFarland's continued relationship with cancer, seeing it through his eyes as a grandfather to one-year-old Joey, who struggles to fight a rare and ravaging form of the disease.

This is not a 'misery memoir'. Neither is it an, 'I've got

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cancer and it's the best thing that's ever happened to me' book. It is about the daft and sometimes funny things that happen to people living with cancer and useful tips for making the best of it.' Rachel Bown is a marketing director and single mother of two, who was diagnosed with advanced bowel cancer at the age of 45. With a taboo-breaking sense of humour, Rachel shares her experiences and the lists she made to help gain some control over what quickly became an unpredictable life. Both funny and poignant, she vividly describes her battle with cancer and the often absurd situations she finds herself in from a brutally flippant surgeon to her latest fashion accessory, a colostomy bag, to embarking on a project to build a 40ft-banana giraffe on the roof of her house. Bowel cancer is the second-biggest cancer killer in the UK, but there is still a shockingly low level of public awareness about it. Rachel offers you all the nuggets of information she picked up from hundreds of sources along the way, including questions you should ask your surgeon, the best treats whilst on chemo, things to look out for in a blood test, and how not to react when someone tells you they have cancer.

Check if you have cancer! In this book, you will find all signs and symptoms, which are both signals of injury, illness, disease – signals that something is not right in the body. If you have any suspicions or fears that you may be sick, do not hesitate. Read this short book and see if you are healthy or you should start treatment. Don't wait a day longer because treatment works best when cancer is found early. Remember - it's all about your life!

WINNER OF THE 2020 PULITZER PRIZE IN GENERAL NONFICTION "The Undying is a startling, urgent intervention

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in our discourses about sickness and health, art and science, language and literature, and mortality and death. In dissecting what she terms 'the ideological regime of cancer,' Anne Boyer has produced a profound and unforgettable document on the experience of life itself." —Sally Rooney, author of *Normal People* "Anne Boyer's radically unsentimental account of cancer and the 'carcinogenosphere' obliterates cliché. By demonstrating how her utterly specific experience is also irreducibly social, she opens up new spaces for thinking and feeling together. *The Undying* is an outraged, beautiful, and brilliant work of embodied critique." —Ben Lerner, author of *The Topeka School* A week after her forty-first birthday, the acclaimed poet Anne Boyer was diagnosed with highly aggressive triple-negative breast cancer. For a single mother living paycheck to paycheck who had always been the caregiver rather than the one needing care, the catastrophic illness was both a crisis and an initiation into new ideas about mortality and the gendered politics of illness. A twenty-first-century *Illness as Metaphor*, as well as a harrowing memoir of survival, *The Undying* explores the experience of illness as mediated by digital screens, weaving in ancient Roman dream diarists, cancer hoaxers and fetishists, cancer vloggers, corporate lies, John Donne, pro-pain "dolorists," the ecological costs of chemotherapy, and the many little murders of capitalism. It excoriates the pharmaceutical industry and the bland hypocrisies of "pink ribbon culture" while also diving into the long literary line of women writing about their own illnesses and ongoing deaths: Audre Lorde, Kathy Acker, Susan Sontag, and others. A genre-bending memoir in the tradition of *The Argonauts*, *The Undying* will break your heart, make you angry enough to spit, and show you contemporary America as a thing both desperately ill and occasionally, perversely glorious. Includes black-and-white illustrations

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Call it a mid-life crisis, but you reach a point where nothing makes sense anymore. Not the goals you set yourself, the years focussed on trying to achieve them, what was let go, what was gained along the way. You look back and think, 'Is that it? Then you get sick. And everything changes.' This startlingly honest and often hilarious memoir from one of Ireland's best-loved comedienne is told through the lens of cancer treatment and its aftermath. From the moment when she heard but didn't necessarily absorb the shocking diagnosis, through the months that followed, Gildea describes the mixed emotion of the journey, at once swept along on its tide and struggling to grapple with its effects. Through depression, comedy, Catholicism, chemotherapy, the bog, emigration, sex, mastectomy, fear and love, *I've Got Cancer, What's Your Excuse?* takes a refreshingly irreverent look at life, the stuff it throws at you, and what you do with it, as it ultimately asks: 'Did cancer save me?'

Sitting in her car after work waiting to pick up her children, a thought pierced author Caroline Bernardis brain: I think I've got cancer. It had no reason to invade her thoughts. Where the hell did that come from? With no symptoms other than knowing, she visited three different doctors and over various appointments, they assured Caroline she was well; she thought she was going mad. She dared not tell any of her friends because she was the capable one, the rock, the shoulder to cry on as Caroline had needed to be since the age of ten. Six months after this intrusive thought, she was diagnosed with at least stage IIIB inoperable lung cancer and was given less than a 5% chance of survival. The methodical, logical and confident woman vanished and the impact of the news brought Caroline to her knees. Faith Trust Gratitude and Cancer shares how this wife and mother of two, embraced the medical, mind, body and spirit. Being true to herself, Caroline found her own path and used it to navigate

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her way through one of lifes most ferocious storms. This is not a story about what to do when you have cancer, its about finding your own truth and your own way through the pain that illness and emotion can bring. This is a guide book that we can all benefit from in difficult times. Let it help you to be aware of mind, body, and spirit. Bernie Siegel, MD, and New York Times Best-Selling Author, *A Book of Miracles* and *The Art of Healing*

“I will always and forever feel I have a 'hole' in my life where my mother once existed.” “I think, when you have to think about the fact you might have to take care of your parents someday and juggle kids at the same time...It's a scary proposition.” “We had open communication during and before the breast cancer. But then after the breast cancer, I was often afraid to bring things up, in trying to protect Mom.” This insightful book tells the stories of women whose mothers had breast cancer. It uses their own voices to express the common fears and expectations of daughters in the periods before and during their mothers' illnesses, involving genetic risks, death and dying, and changes in their relationships. The case studies, tables and figures, and two appendices will benefit health professionals and counselors, while the poignant narratives will help mothers and daughters better understand their experiences with breast cancer. “I was kind of surprised to be alive and free of cancer at age 42, when at this point my mother was crippled by metastases. When I get to be 43—the age at which my mother died, or maybe when I get to 44—it's like, 'what do I do?' I have this life that I didn't expect to have.” *Breast Cancer: Daughters Tell Their Stories* presents the results of a qualitative, grounded theory study of breast cancer survivors, providing in-depth information about an aspect of breast cancer that has been previously overlooked. The book examines the daughters' experiences through four phases—the period prior to mother's illness, the

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period during mother's illness and treatment, the period following mother's death (if mother dies), and the long-term impact. From this study, recommendations are compiled for providing or improving services for tomorrow's daughters.

“The radical mastectomy left her scarred and disfigured below her nightgown. It was bruised and nasty looking. That was kind of scary. I think that has terrified me since.

Sometimes I'll have pains in my left breast and that's what I visualize. It's terrifying.” “I'm not really obsessed about dying of cancer. I'm more along the line of, 'If this is going to happen to me, and there's a chance it's going to, I'm gonna survive. I'm not going to die from it.’” From an empathetic perspective, this book reveals how many daughters react to and deal with their mothers' diagnoses, depending on their age and family situation at the time of their mothers' illnesses. It shows how daughters can gain a more accurate idea of their level of risk by providing educational materials and developing new strategies for communication. It also helps breast cancer survivors see how their illnesses can shape their daughters' future outlook, offering new inspiration for resolving and preventing family crises.

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