

Light Emerging The Journey Of Personal Healing Barbara Ann Brennan

Ryan has a normal life until a stranger comes into his life and takes him onto a mysterious journey where his mission is to find pieces to build a machine and a weapon. But the only way to get these items is to time travel. His friends who accompany him on his journey are Diego, Ashley, and Richard. That's when they find out that there is something evil lurking around them.

There's one thing holding you back. It's you. Your instincts compel you to hide in comfort instead of facing life-limiting fears. In Cubicle Apocalypse, Ryan Gillespie peels back the layers, helping you to discover the fears we all face as human beings. With this welcome paradigm shift, your new comfort zone will be taking risks and seeking change to drastically improve your life. The journey in Cubicle Apocalypse begins with discovering yourself. There are straightforward tips and ideas that help to turn your fears into motivation and strength building opportunities. Then a straightforward blueprint is presented, complete with interactive Take Action sections, that will allow you to grow exponentially within your career or business. If you want to elevate your life, find success, and grow, Cubicle Apocalypse is a must read! Cover Art Credit: Raeghan Rebstock

The Journey Through Cancer is an essential guide for all cancer patients, their families, and their loved ones. As a board-certified oncologist, with more than ten years of experience serving as physician, guide, mentor, coach, and friend to thousands of cancer patients and their families, Dr. Jeremy Geffen has learned how cancer often challenges the mind, heart, and spirit of patients and their families as deeply --- if not more deeply --- than it challenges the physical body. Yet this simple truth is often overlooked by Western medicine as it aggressively pursues the best ways to diagnose and treat cancer. Too often physicians focus almost exclusively on the physical dimensions of the disease, rather than caring for the whole person who has the disease. Dr. Geffen presents a groundbreaking seven-level program, used at his cancer center in Florida, that addresses every dimension of the person with cancer--physical, mental, emotional, and spiritual: Education and Information, giving patients answers to questions about their disease and their treatment options. Psychosocial Support, focusing on the need for and benefits of a strong support network. The Body as Garden, exploring the vast array of alternative and complementary therapies. Emotional Healing, helping patients and families deal with the often overwhelming emotional challenges of cancer. The Nature of Mind, exploring how patients' thoughts and beliefs profoundly influence their journey. Life Assessment, showing patients how to discover their life's deepest meaning and purpose. The Nature of Spirit, connecting patients to the profoundly healing spiritual aspect of life we all share. In The Journey Through Cancer, Dr. Geffen presents a revolutionary model of healing based on the best treatments available from every culture and paradigm of medicine, one that respects and explores every possible avenue and resource for healing and transformation, blending East and West, body and mind, heart and technology, science and spirit.

How does it feel to be here and there - at the same time? Maxwell Greyson refers to himself as a project manager but really only makes use of that title in an attempt to mask his ridiculousness, which is something that has plagued him all of his life. He unwittingly embarks on a quest to find what he's always sought. He finds it, or rather he finds something, but doesn't know exactly how to process it or what to do with it. What ensues is a journey that starts at zero and ends up near the edge of the multiverse. Or is it the other way around?

Walt Johnson has been a rolling stone most of his life, moving from town to town and living on the edges of homelessness. Now he has run out of time as lung cancer has left him only months to live. Walt then begins a quest to find the son with whom he lost contact decades earlier. Out of money, he lands a job at a small-town restaurant in an attempt to save enough to buy a bus ticket to the last known whereabouts of his son. The friends Walt makes at his new job soon become family for him, especially 14-year-old Danny who is emotionally paralyzed at the loss of his own father in Iraq. Faced with Danny's struggles to grow up and the struggles of his other new friends, Walt comes to realize he is not only on a journey to find his own son, but he is on a journey to find himself worthy of being a father. This is a Channeled Course of Inner Self Discovery from Archangel Michael. The exercises and indepth lessons explore, Talking To The Universe, Why you selected your parents and relationships, colors, the Chakra System, cutting cords, releasing thinks that no longer service your Highest Good. It includes breaking agreements and what judgments do to both parties involved. It is packed with enlightening learning material and exercises to help one uncover the You That You Really are. It is a very powerful tool in the inner exploration of your true Spiritual Self.

We have all asked the questions, "Who Am I?", "Where Am I?", and "What Am I?". In MADE FOR MORE- A Journey of Purpose and Discovery, the reader will maneuver through these questions in order to understand the larger picture for their life. The ultimate goal is to lead the reader to understand they are made for a great purpose through Jesus. Through God and the message of hope found in scripture, the reader will discover they are truly Made For More.

AN ESOTERIC JOURNEY-a mystical adventure in the Land of Brahm, the Ruler of the three worlds of the Hindu, the Buddhist and the Vedantas, opens a portal to the Earth World, the ashcan of all the universes, and sends Zvi, a young neophyte who is searching for answers, and above all Truth, into the middle of the Gulf War crisis, now as Captain Zackery Breinstein, to test his understanding and his worthiness in his search for Truth. Because of his last name, he is considered an Israeli spy, a Jew, and is held hostage even after the war is over. After months of imprisonment and beatings, he discovers the truth behind all of the illusions and deceptions and escapes and finds his way back to the portal. Now as Zvi, the young neophyte once again, he stands before The Great Brahm and challenges Him. Barbara Ann Brennan continues her ground-breaking exploration of the human energy field, or aura—the source of our experience of health or illness. Drawing on many new developments in her teaching and practice, she shows how we can be empowered as both patients and healers to understand and work with our most fundamental healing power: the light that emerges from the very center of our humanity. In a unique approach that encourages a cooperative effort among healer, patient, and other health-care providers, Light Emerging explains what the healer perceives visually, audibly, and kinesthetically and how each of us can participate in every stage of the healing process. Presenting a fascinating range of research, from a paradigm of healing based on the science of holography to insights into the "hara level" and the "core star," Light Emerging is at the leading edge of healing practice in our time.

The Purple Morrow is destroyed. However, its promise endures in the form of a champion, mankind's only hope against the destruction spawned by an ancient, sinister evil. The Rovers have invaded the Southernlands, forcing the inhabitants deeper south for respite. Ex-Rover commander Kelen arrives in Swill, a defunct desert town, with revenge in mind. There he encounters the Shadow Man who reveals the truth of his past, including the disturbing origin of a mysterious mark on his forearm. Kelen tries to fight destiny, but soon learns the Shadow will not relent until a terrible prophecy is fulfilled. As Marathana quails under the threat of burgeoning darkness, Jeru's clan looks to him to lead. Jeru, however, knows his path lies elsewhere. Leaving everything behind, he braves the Badlands, a hellish desert only the hardiest dare go, to find the Storyteller who can awaken the latent spirit of the Papilion within him. Jeru learns much in that place of desolation, including one truth which could turn destiny on its head. Now more than ever, Kelen, the Wolf of the North, threatens everything he holds dear. Jeru must choose: save those he loves, or sacrifice them to save Marathana.

My Journey to Light is a 200 Page Chronology of your Masonic Journey. Record important dates that you received degrees Record Appointments. Record Dates Served in various Bodies, or Committees. Record stories that need to be remembered. Most Importantly, Preserve the History of your Lodge and Personal Journey for generations to come. \$2.00 from the sale of this book will go to Masonic Widows and Orphans. This Book Covers Blue Lodge, York Rite Bodies and Scottish Rite Northern Masonic Jurisdiction. Space is also included for appendant bodies as you go through your journey.

We are in trouble. Church attendance has dropped, spiritual life in our services has ebbed and we face a serious lack of people preparing for the ministry. Perhaps most alarming is that we have failed to reach or keep our youth. The Sunday school rooms and youth groups of many churches have no real hope or strategy in place to bring them in. Beyond this, dozens of churches close each week never to reopen, while just a few new ones are started. Without some real changes in these areas we will lose our Christian influence in this nation almost entirely in the very near future. Certainly God has not planned for the failure of His church.

This book will help you to remember who you truly are, and to be your true, authentic self, in its entirety, to unlock the beautiful spirit and essence of you. You have a soul mission: it's time to wake up to it and fulfill your destiny and be everything you ever dreamed of being, your soul and spirit self really are, unafraid to shine in a world that all too often might seem might seek to undermine or limit you... You are filled with infinite possibilities and great gifts. Many of us are waking up from the illusion of fear, lower consciousness and vibration that we have been trapped in. Though times may be dark, the light can prevail and by holding on to our dreams and visions, we will emerge with a higher consciousness. We will shed all the restrictions of the past, and break the chains of the judgmental and fear-based systems which have ruled and limited our lives in so many ways, to take a jump and leap of faith and really be the full expression of our unique and special souls. "I really love this book. As soon as I started reading it, it felt like it was talking directly to my soul.... I believe Sally is a gifted soul on a mission to genuinely help & empower people. It is a book I will treasure" "What a beautiful book; one that touches you and works on so many levels." "It doesn't matter where you are on your journey, in this book you will find something new, something to remind you of who and where you are, why you are following the path you have chosen and affirmation that you are not alone, the Universe is always supporting you. I found the book easy to read, to me the energy of the words just flow off the page, and hit the spot. Read it from cover to cover, dip in and out, the choice is yours and the book supports you in what ever way you wish to connect with it. Bursting with information and and workable ways to experiment and include in your spiritual practice. Sally has worked really hard to make this work appeal to as wider audience as possible and I feel she has pulled it off with a flourish. Well done Sally, when's the next one?" "I really love this book. As soon as I started reading it, it felt like it was talking directly to my soul and I felt curiously emotional. I believe Sally is a gifted soul on a mission to genuinely help & empower people. It is a book I will treasure & refer to when I am in need of uplifting"

Becoming What is Changing You Are the Perfect Tool to Achieve This Universal Principles for Transforming Self, Systems & Organizations Our world is changing. Our technology is changing the way we live and communicate. Modern science opens gateways to new world views. The rate at which we are exposed to new information, new paradigms and new ideas is accelerating every day. Amidst all this overwhelming change, there is an inherent intelligence in the Universe that continuously self-organizes. We have the choice to align with this intelligence or continue to operate within old structures - in government, business, education, healthcare and even in our personal lives. We often cling to hierarchical models, which no longer work for us. Those at the top of the ladder are fearful of what might happen if they relinquish control. Those at the bottom, surrender responsibility to those above. Many of us easily get stuck in a pattern of blaming 'the system' for everything that goes wrong. But the truth is - we are ALL the system. Whether you are a seasoned CEO or an entry-level employee, YOU have the ability - and the responsibility - to engage with 'the system' as a 'living being' composed of all those involved. In *Becoming What is Changing: Universal Principles for Transforming Self, Systems & Organizations (Volume 1: Exposition)*, author Veerle de Bock integrates more than two decades of experience within the healthcare industry, along with years of work as a teacher, supervisor and process facilitator, to bring you a candid and refreshing look at how we can reinvent the way we operate within our organizations, and allow our systems to become 'living beings' with a capacity for self-organization. In *Becoming What is Changing (volume 1)*, you'll find dozens of valuable anecdotal examples of real-life situations combined with a wealth of practical concepts, skills and tools you can apply in any scenario, such as: Your full potential - Fresh perspectives on discovering who you really are, and how to bring your whole self into your organization. Dynamic facilitation - A new way of meeting and listening that can help your team find solutions to problems you thought were impossible to overcome. Life pulse - Understanding the natural life-cycle of organizations and ideas, so you can identify the right time to reflect and the right time to ACT. Witness/Ask/Experience - A reflective tool to help you and your organization discover where you are 'stuck' so you can move forward. 100% Responsibility - Learning how to take responsibility for what is happening in the moment, including the responsibility for being open and understood. Plus many others. A Call to Action to Idealists, Change-Makers and Social Reformers! If we simply continue to complain about 'the old system', we are only colluding with it. But when we are ready to let go of blame and judgement - and take full responsibility for whatever happens to us and around us - we can attune with the change that is already happening in the Universe, and we can achieve truly great things in our organizations, our lives and the world at large. So, are you ready? Then *Becoming What is Changing* is THE book for you.

Know Your Soul: Bring Joy to Your Life – Is a thought provoking, heartwarming book that not only describes the origin, purpose and structure of the Soul, but provides instruction for connecting to Your Soul. In addition, the authors delightfully describe personal experiences and interactions they have had with their Higher Self and Soul. Based on inspiration from our guides and the loving direction of Archangel Michael; rarely disclosed or understood information is freely revealed. This is a book you will refer to often.

A collection of short stories along with poems to express a college woman's encounters with the three most important men in her life thus far. In this book the reader will go on a journey living the love and heart breaking experiences the author writes of and eventually being guided to the self loving woman she is today. These poems represent love, honesty, heart break, and realization.

Reiki is an ancient and profoundly simple system of “laying on of hands” healing derived from Tibetan Buddhism. In the West, Reiki has been kept highly secret for many years. *ESSENTIAL REIKI* presents full information on all three degrees of this healing system, most of it in print for the first time. Teaching from the perspective that Reiki healing belongs to all people, Diane Stein breaks new ground in her classic guide to this ancient practice. While no book can replace the directly received Reiki “attunements,” *ESSENTIAL REIKI* provides everything else that the healer, practitioner, and teacher of this system needs.

FUN FACT: "Becoming Zara" is a standalone novella, but if you're following the character of Samantha Bradford as she crosses off the items of her bucket list (the Single Wide Female Series), this is the book that Samantha publishes to complete her bucket list item #18 (Publish a Book). Note: You can download #1 Learn Pole Dancing of that series for free. *** Hi, I'm Zara...warrior princess. I don't usually tell that last bit to strangers, but I say it in my head all the time. It's one of the many mantras that have helped me to get to where I am today. And believe me when I say that I've come a long way. Besides, if you're a woman and you happen to have ever struggled with issues of self-esteem, we're probably gonna be fast friends anyway, so I won't hold anything (much) back. Oh, and Zara wasn't the name I was born with-but you'll find out more about that in the book. I don't know about you, but my own struggle with my weight has held me back a bit in life. And my self-esteem took a real nose dive after my fiance dumped me-via text, no less. (I know, right? Jerk!...but I don't usually dwell on things in the past, so let's just move right along from that, shall we?) So, I'm still a work-in-progress for sure, but I'm really starting

to figure it all out-how to be more of who I'm meant to be every day-including the bumps, the lumps, and my bruised ego along the way. Oh and I love my sisterhood (more about that later) - the women who join me in believing that we are all capable of being strong, amazing, warrior princesses-just the way we are right now."

BARBARA ANN BRENNAN, founder of the Barbara Brennan School of Healing and bestselling author of *Hands of Light* and *Light Emerging*, is one of the most influential healers and spiritual leaders of the 21st century. Now, in her latest book, *Core Light Healing*, her work continues with revolutionary new information on working with the creative process and the fourth level. The fourth-level, or astral, world bridges the creative pulse from the physical to the higher levels of reality and manifestation. *Core Light Healing* also chronicles Barbara Brennan's life journey and personal experiences. In *Core Light Healing* you will discover: - The nature of the creative process from the Human Energy Consciousness perspective - How each of us creates blocks in our energy fields; how blocks look, interact and ultimately cause dysfunction in our lives; and the process involved in the clearing of blocks and releasing our creative potential - How to develop and work with High Sense Perception and its role in facilitating the clearing of blocks in our energy fields - The nature of fourth-level reality and its vital role in the creative process - The fourth level as it relates to healing relationships and the cord connections that underlie those relationships ... and much more Complete with full-colour and black-and-white illustrations, *Core Light Healing* offers to take you on a journey to create the life you have always imagined.

Robert R. Maldonado, Ph.D, is a retired Air Force Officer, Reiki Master Teacher, Barbara Brennan Healing Science Practitioner, Certified Healing Touch Practitioner, Energy Medicine Practitioner, and teacher of Chinese Integral Qigong and Tai Chi. He has traveled the world extensively and has a passion for discovering beauty and honoring the sacred in all places and cultures he visits. Dr. Maldonado is dedicated to helping people discover their innate abilities and their potential to heal themselves and find their true purpose in life. In addition to his healing practice, he teaches learning seminars in middle school, leads a metaphysical group in Arlington, Virginia, and is a doctoral student in Energy Medicine at Akamai University. He frequently travels with Energy Medicine Partnerships, Inc., (EMP) and has authored books based on his visit to New Zealand, *My Maori Experience-New Zealand-2007*, and Peru, *A Spiritual Journey to the Sacred Land of Mystical Peru*. This book richly describes the author's personal experiences in transformation and healing, weaving together wonderful teachings from his life and journey as an energy healer. In the process, he eloquently uncovers certain truths or underlying principles on which healing rests, and he explains the various approaches he used as well as introduces several energy-based techniques. He explores the power of the healer within us-what healing is all about-and he shares some of the ancient wisdom he has learned from traditional healers during his international travels. Content also includes development of the healer, healing wounds, international spiritual tours, stories of healing, a discussion of his eclectic healing practice, personal reflections on the healing journey, and a vision of the future in healing. In *The Calling of the Heart*, Maldonado teaches us to honor ourselves and where we are in our lives; he teaches us to be open to other realities and to receiving guidance from others.

An inspirational and handy book of consciousness and love. Bring it with you on your daily journey for happiness everywhere you go.

The year is 4518 BCE. Halim, a Shakti warrior initiate, lives with his family in Harappa, a fortified city in the Indus River Valley. His father is injured, so the task falls to Halim to find a cure for his mother, who has fallen prey to a mysterious, debilitating disease. Sanjit, a seasoned Shakti, agrees to accompany Halim to the Kunlun Mountains in search of a sacred medicine from an ancient monastery. Halim's impulsive sister, Taja, insists on joining them too. When the three travellers confront the Ignogai, a barbaric tribe with a bloodthirsty shaman, they must flee across hazardous and unfamiliar terrain to avoid being captured and persecuted for their Shakti Prana. With a little bit of magic, determination, and some help from a few extraordinary people, the trio must fight for their lives to make it back home in time to save Halim's mother from certain demise.

This journal book is a canvas and as the writer YOU get to paint your masterpiece. Allow yourself to capture life thru your eyes, thoughts and feelings.

This book details the accounts of three expeditions into the interior of Virachey National Park in Ratanakiri Province of Northeastern Cambodia, as well as an excursion into the forests of Mondulkiri Province. The author and his Khmer-Lao and indigenous guides penetrate the remote canyons near the Laos border, a lost world of tropical jungles and remote grasslands that are known only to a handful of poachers and loggers. This book also describes the animist tribes who live on the park's periphery, including the Brao, Kreung, Tampuan and Bunong highlanders. This work of non-fiction is also concerned with the endangered wildlife that persists within the park's boundaries, such as tigers, clouded leopards, leopards, Asiatic elephants, gibbons, douc langurs, hornbills, and much more. For those interested in the natural history and indigenous cultures of Cambodia and Southeast Asia -as well as the current threats to the region- this book will be of interest.

The problem with fighting death is that you will eventually lose. Eric has provoked the fury of no fewer than three grim reapers and now they're after his life. Leading the charge is his old foe, Gruffle. Flanked by an army of ghosts and nature spirits, and supported by Lord Death himself, Gruffle's victory is guaranteed. Eric's only hope of survival is to transcend the limitations of both mortality and magecraft, and fight the hostile gods as an equal. Chaotic deities support him in his endeavor but they might be a greater danger than the reapers.

The world is infected and humanity is reduced to creatures of vicious insanity. Doctor Thorn's rescue by a group of young survivors is just the beginning of their nightmarish journey to survive. In this apocalyptic landscape, humankind has one final hope that rests on the strength and determination of 10 young men and women.

• CLEAR AWAY STRESS! • CREATE PHYSICAL HEALTH! • EXPERIENCE RAPID HEALING! • WITH THE RENEWELL SYSTEM -- "THE HEALING TOOL OF THE FUTURE" o "This healing therapy gets to the point, and is extremely powerful -- I've experienced it, and I strongly recommend it, because IT WORKS!" (Housewife) o "My irritable bowel and heart problems

completely cleared up after only two sessions of the Renewell System. I let go of a lot of fears I didn't know I had, and improved my diet." (Hospital Administrator) o "These spiritual teachings along with the emotional healing have completely renewed my life!" (Teacher) o "Our ailing thoroughbred boarding horse recovered after one emotional healing session--I'm delighted" (Horse Trainer)

Craig Comes planned for a journalism career, while his friends expected him to become a bestselling author. But un-diagnosed Attention Deficit Disorder (ADD) and Depression struck after college. After the writing stopped, delusion and denial lead to poverty. long term joblessness and self-imposed exile. Returning to himself would take 15 years in a journey spanning from California Wine Country to the South African veld. This is his story.

A blend of ancient tradition and modern scientific theory, this comprehensive introduction to the science of the human "aura" or energy field discusses how this field can be used for healing Charles Willsher, who received the Distinguished Service Cross for his service during WWII, never fully recovered from his wounds. His wife and daughter became the victims of his inner war. In the 1980's, he began his own healing journey by telling his story to others. At the same time, his daughter embarked on her journey to healing and reconciliation with her family. After his death, his daughter uncovered his memoir and decided to include it along with their family story in hopes that it would inform and inspire others who are also dealing with the trauma that war leaves behind.

It all starts in the Garden of Eden, where Adam and Eve move from spiritual oneness with God to separation and individuation. After eating from the Tree of Knowledge, both Adam and Eve leave Eden to create their own Family Tree of Knowledge. Our spiritual journey and blessings come from embracing our family heritage, healing our ancestral and cultural wounds while uncovering the divine within us. If we learn how to recognize and embrace both Positive Love Bond and Negative Love Bond experiences with insight, love and acceptance, forgiveness and compassion, we can find the path that will lead us toward true peace and oneness with God. The God-Realization Process offers you the opportunity unravel the mystery of the divine light within and receive the blessings from a thousand generations. The Ten Spiritual Keys (Commandments) were a gift from God to secure our relationships with him, to awaken the light within us, and to manifest and transform anything in our lives and most of all to heal our families and bless them and generations to come.

Revised edition of the groundbreaking New Age book that seamlessly merges Western psychology and science with spirituality, creating a compelling interpretation of the Eastern chakra system and its relevance for Westerners today. In Eastern Body, Western Mind, chakra authority Anodea Judith brought a fresh approach to the yoga-based Eastern chakra system, adapting it to the Western framework of Jungian psychology, somatic therapy, childhood developmental theory, and metaphysics and applying the chakra system to important modern social realities and issues such as addiction, codependence, family dynamics, sexuality, and personal empowerment. Arranged schematically, the book uses the inherent structure of the chakra system as a map upon which to chart our Western understanding of individual development. Each chapter focuses on a single chakra, starting with a description of its characteristics and then exploring its particular childhood developmental patterns, traumas and abuses, and how to heal and maintain balance.

A tale of a decorative pumpkin searching for validity after the season has ended. The pumpkin finds itself in a recipe to be treasured and passed on forever! A wonderful interactive recipe ensues, fun for children and grownups alike. Memorable lessons on values.

Barbara Ann Brennan, founder of the Barbara Brennan School of Healing and best-selling author of Hands of Light and Light Emerging, is one of the most influential healers and spiritual leaders of the 21st century. Now, in her latest book, Core Light Healing, her work continues with revolutionary new information on working with the creative process and the fourth level. The fourth-level, or astral, world bridges the creative pulse from the physical to the higher levels of reality and manifestation. Core Light Healing also chronicles Barbara Brennan's life journey and personal experiences. In Core Light Healing you will discover:

- The nature of the creative process from the Human Energy Consciousness perspective
- How each of us creates blocks in our energy fields; how blocks look, interact, and ultimately cause dysfunction in our lives; and the process involved in the clearing of blocks and releasing our creative potential
- How to develop and work with High Sense Perception and its role in facilitating the clearing of blocks in our energy fields
- The nature of fourth-level reality and its vital role in the creative process
- The fourth level as it relates to healing relationships and the cord connections that underlie those relationships
- And much more

Complete with full-color and black-and-white illustrations, Core Light Healing offers to take you on a journey to create the life you have always imagined.

A leading figure in the field of healing and mind/body research presents an intriguing, multidisciplinary, and multicultural study of the human energy field. "A most impressive blend of extensive research and expert personal observation".--Meditation magazine. Photos; drawings.

Having a companion is one of the fundamental components in life. With your companion, life becomes more complete and fulfilling. This first of two books is written to encourage you, through an inward journey of deep self-reflection, to offer you a more clear perspective of who you have become. By being objective about your strengths, weaknesses, and understanding how you have come to be the way you are, you can better enter a relationship knowing what you are offering your partner as well as what you are looking for in a relationship. Through this objective approach to relationship building, you can create a stronger foundation in your current as well as future relationships.

Author and healer Diane Stein brings to the layperson psychic healing techniques once assumed to be too esoteric to use without highly specialized knowledge, years of training, and a paranormal gift. ESSENTIAL PSYCHIC HEALING helps us tap into the potent healing power of our own psychic energies. For the beginner, Diane offers theory and instruction in basic meditation, visualization, kundalini energy, chakras, and auras. Those at the intermediate level will learn to utilize spirit guides and angels, and how to use healing crystals, hands-on healing methods, emotional release work, and remote healing. An advanced program discusses healing karma and past lives, soul retrieval, releasing entities, spirit attachments, and understanding and aiding the death process. Whether you are new to or well acquainted with these principles, ESSENTIAL PSYCHIC HEALING is an indispensable primer.

With the clarity of a physicist and the compassion of a gifted healer with fifteen years of professional experience observing 5,000 clients and students, Barbara Ann Brennan presents the first in-depth study of the human energy field for people who seek happiness, health and their full potential. Our physical bodies exist within a larger "body," a human energy field or aura, which is the vehicle through which we create our experience of reality, including health and illness. It is through this energy field that we have the power to heal ourselves. This energy body -- only recently verified by scientists, but long known to healers and mystics -- is the starting point of all illness. Here, our most powerful and profound human interactions take place, the precursor and healer of all physiological and emotional disturbances. Hands of Light is your guide to a new wholeness. It offers:

- A new paradigm for the human, in health, relationship, and disease
- An understanding of how the human energy field looks, functions, is disturbed,

healed, and interacts with friends and lovers. • Training in the ability to see and interpret auras • Medically verified case studies of healing people from all walks of life with a variety of illnesses. • Guidelines for healing the self and others. • The author's personal and intriguing life adventure which gives us a model for growth, courage and possibilities for expanded consciousness
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